### **TEXAS**

# Health & Human Services Commission (HHS) 170, 171, 172

# **Assessment & Counseling**

# **Pharmacotherapy**

#### **COVERAGE** may <u>include</u>:

## **Preventive Counseling**

99385-99387, 99395-99397

- TX Medicaid covers one adult preventive service visit per year. Screening and behavioral counseling/interventions for obesity are considered part of the routine preventive exam and not separately reimbursable.

# **Behavioral Assessment/Intervention** 99078, 96150-96155\*, 98960\*

- The **Texas Medicaid Wellness Program** offers targeted care management services to high-cost/high-risk fee-for-service (FFS) and managed care clients
- Clients who have a BMI above 25 will receive vouchers for a weight loss program.
- Providers may refer potential clients to the *Wellness Program* at 1-877-530-7756.

# Nutritional Consultation & Therapy 97802-97804\*, S9470\*

<u>NOTE</u>: TX Medicaid does not cover supervised exercise for weight loss.

\*Obesity-specific behavioral assessment/ intervention services and nutritional counseling/ therapy are <u>not</u> covered for **adults** (only recipients under age 21 through TX Health Steps).

#### NOT COVERED

- Excludes coverage for amphetamines when used for weight loss, and obesity control drugs
- Xenical covered only for the treatment of hyperlipidemia

# **Bariatric Surgery**

#### **COVERAGE** may include:

Gastric Bypass, Gastric Band, Sleeve Gastrectomy

- Prior authorization is required.
- Considered medically necessary only if patient has a BMI > 35 kg/m<sup>2</sup> and a serious comorbidity exacerbated by or attributable to the obesity. Patient must undergo nutritional and psychological evaluation and have documentation of unsuccessful previous treatment attempts. (see Medical Physician Handbook for full criteria)

Note: Bariatric surgery is not a benefit if the primary purpose is for weight loss for its own sake, psychological dissatisfaction with personal body image, or the provider/client's convenience.



Adults with obesity: **32%** <sup>3</sup> Adults with diabetes: **11%** <sup>3</sup>

**16%** of residents covered by Medicaid/CHIP **\$35.8** billion in total Medicaid spending (2015)

**88%** enrolled in managed care **12%** enrolled in fee-for-service <sup>4</sup>

#### **Resources & Contacts:**

**Texas Department of Insurance** 

Phone: 512-676-6000

Texas Medicaid & Healthcare Partnership

Phone: 800-925-9126

**Texas Health & Human Services** 

Phone: 512-424-6500



# TEXAS MEDICAID: MANAGED CARE PLANS

19 plans total | 3,518,273 enrollees

<b>Superior HealthPlan</b> (878,159 enrollees)

**Amerigroup Texas** (709,548 enrollees)

Community Health Choice (240,944 enrollees)







In addition to standard Medicaid services, Superior's STAR plan covers: In addition to standard Medicaid services, Amerigroup's STAR plan covers: In addition to standard Medicaid services, Community Health Choice covers:

#### Value-Added Benefits

- Case management services may be available for members with obesity

### **Value-Added Benefits**

- Members with obesity qualify for disease management services; providers call 1-888-830-4300 to identify local support agencies
- Transportation assistance (1-800-600-4441)

#### Value-Added Benefits

- Discounted access to nutrition/physical activity programs (*MEND 7-13* and BOUNCE Healthy Lifestyle)
- Transportation assistance for appointments

# **Pharmacotherapy**

Coverage for Xenical (orlistat) may require **prior authorization**; specify 120 mg capsule.

#### **Pharmacotherapy**

Coverage for Xenical (orlistat) following state requirements; see **prior authorization** form.

#### **Pharmacotherapy**

Coverage for Xenical (orlistat) in treatment of hyperlipidemia only; complete **prior authorization** 

# **Bariatric Surgery**

Must complete a **prior authorization** request to obtain coverage; see **clinical policy**.

#### **Bariatric Surgery**

Must complete a **prior authorization** request to obtain coverage; see **clinical policy**.

# **Bariatric Surgery**

Must complete a **prior authorization** request to obtain coverage.

Note: Weight management services may be available for adolescent members (5-19 years) enrolled in the Healthy Choices, Healthy Families Program.

#### Resources

Phone: 1-877-391-5921

2017 Provider Manual Obesity Health Sheet

# Resources

Phone: 1-800-454-3730

**Provider Manual** 

#### Resources

Phone: 713-295-2295

**Provider Manual** 

