


CONNECTICUT

Office of the State Comptroller (OSC) – Healthcare Policy & Benefit Services Division

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ⁷⁸</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers one (1) annual wellness visit and USPSTF services w/ and A or B rating <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - The Plan covers up to 3 nutritional counseling visits with a registered dietician per year (no-copay for in-network providers if HEP enrolled) <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Except as approved by the Carrier as part of case management, weight control, and care, treatment, procedures, services, or supplies primarily for dietary control are non-covered. 	<p><u>Health Enhancement Program (HEP)</u> ⁸²</p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcome:</i> Reduce chronic disease</p> <ul style="list-style-type: none"> - Must participate in disease counseling/ education program if diagnosed with diabetes, COPD/asthma, hypertension, hyperlipidemia, or CAD; preventive screenings / services also required unless exempted by physician <p><i>Reward(s):</i></p> <p>Premium reduction – \$100 / month</p> <p>Annual deductible – less \$350 per participant</p> <p>Copay reductions – prescriptions & visits</p>	 <p>Adults with obesity: 25% ⁷³</p> <p>Adults with diabetes: 9% ⁷⁴</p> <p>State employees: 78,295 (69% FT) ⁷⁵</p> <p>Premium payments: \$641 million ⁷⁶</p> <p><u>Top state plan/s:</u></p> <p>CT Employee Health Plans ⁷⁷</p> <ul style="list-style-type: none"> State BlueCare POE (SOB) State BlueCare POS (SOB) Oxford HMO Select POE (SOB) <p><i>*see comparison guide for overview of POS and POE plan types</i></p> <p>Resources & Contacts:</p> <p>OSC State Employee Resources Phone: 860-702-3576</p> <p>Nutrition, Physical Activity & Obesity Prevention Program Phone: 860-509-8251</p>
<p><u>Pharmacotherapy</u> ⁷⁹</p> <ul style="list-style-type: none"> - Possible coverage through employee’s CVS Caremark prescription benefit (see Performance Drug List for non-preferred medications); anorexiant, but not other anti-obesity drug types (orlistat, liraglutide) specified as excluded in pharmacy manual <p><u>Bariatric Surgery</u> ^{80, 81}</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; see Carrier’s medical necessity guidelines for approval criteria (UHC / Anthem) <p>NOTE: <i>CT has also adopted Anthem’s Eating and Feeding Disorder Treatment policy and provides coverage for BED treatment.</i></p>	<p><u>Other Wellness Benefits</u></p> <p><i>Healthy Bonus® & UnitedHealth Allies discounts</i></p> <ul style="list-style-type: none"> - Oxford members have discounted access to Center for Medical Weight Loss services and Curves membership <p><i>Health education sessions</i></p> <ul style="list-style-type: none"> - Anthem’s Wellness Calendar contains links to relevant health articles <p><i>24-hour Nurseline</i></p> <ul style="list-style-type: none"> - Available for BlueCare members by calling 800-700-9184; reach Oxford-On-Call at 800-201-4911 (opt.4). 	