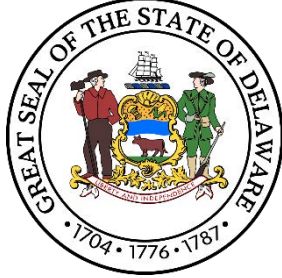


DELAWARE

Office of Management & Budget – Statewide Benefits Office (SBO)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u></p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Includes screening and counseling services to aid in weight reduction due to obesity <p>Nutritional Counseling: ⁹¹</p> <ul style="list-style-type: none"> - PPO: Nutritional counseling benefits are not provided for weight loss in the absence of co-morbid conditions; offers childhood obesity preventive health benefit ⁹² - HMO: Covers medical nutritional therapy and nutritional counseling only for hyperlipidemia or diet-related CVD risk factors <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Cover care for weight loss only when co-morbid conditions are present (e.g. hypertension, diabetes); partial coverage for pre-surgical behavioral services possible <p><u>Pharmacotherapy</u> ⁹³</p> <ul style="list-style-type: none"> - SBO indicates anti-obesity preparations as plan level exclusions - Initiate a Coverage Review to obtain coverage for medically necessary medication <p><u>Bariatric Surgery</u> ⁹⁴</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required (Aetna / Highmark BCBS); see SPDs for coverage of associated outpatient weight management services. 	<p><u>DelaWELL</u> ⁹⁵</p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcome: Complete Annual Physical Exam and Health Assessment (Wellness Profile)</i></p> <p><i>Reward(s): None specified</i> ⁹⁶</p> <ul style="list-style-type: none"> - There are no cash incentives for the 2017-2018 program year; the State of Delaware encourages employees to focus on leading a happy and healthy life 	 <p>Adults with obesity: 30% ⁸³ Adults with diabetes: 12% ⁸⁴</p> <p>State employees: 31,491 (73% FT) ⁸⁵ Premium payments: \$379 million ⁸⁶</p> <p><u>Top state plan/s:</u></p> <p><i>Highmark DE Comprehensive PPO (SOB)</i> ⁸⁷ <i>Highmark First State Basic PPO (SOB)</i> ⁸⁸ <i>Aetna HMO (SOB)</i> ⁸⁹</p> <p><i>*see State of Delaware Health Plan Comparison Chart for additional information</i> ⁹⁰</p> <p>Resources & Contacts:</p> <p>Statewide Benefits Office Phone: 302-739-8331</p> <p>DelaWELL Health Management Program Phone:</p> <p>Non-Medicare Prescription Plan <i>Express Scripts</i> Phone: 1-800-939-2142</p>
	Other Wellness Benefits	
	<p><u>Discounted gym membership</u></p> <ul style="list-style-type: none"> - Available through DelaWELL partnership with GlobalFit - Also see other participating locations and discounts through insurance carriers <p><u>Commercial weight-loss program</u></p> <ul style="list-style-type: none"> - PPO: Blue365® Member Discount Program - HMO: Aetna Weight Management SM Discount Program <p><u>Diabetes Prevention Program</u></p> <ul style="list-style-type: none"> - Advertised for Highmark PPO members 	