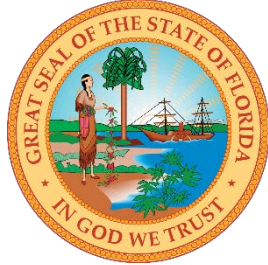


FLORIDA

Department of Management Services – Division of State Group Insurance (DSGI)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ¹¹⁷</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covered according to USPSTF and AAFP recommendations for adults <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - PPO: Covered to treat prediabetes or diabetes; must be provided by RD - HMO: <i>Varies by plan</i>; may offer coverage with referral to in-network provider (CHP) or discounted provider services <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - DSGI generally excludes coverage for weight reduction services, including all services, supplies, and drugs related to obesity unless required in advance of medically-necessary surgery <ul style="list-style-type: none"> o PPO: weight loss services limited to annual per-person maximum of \$150 o HMO: FHCP offers Eat Right Move Right weight management class <p><u>Pharmacotherapy</u> ¹¹⁸</p> <ul style="list-style-type: none"> - Anti-obesity drugs and amphetamines and/or anorexiant for weight loss are not covered by the Prescription Drug Program <p><u>Bariatric Surgery</u> ¹¹⁹</p> <p>Coverage: PPO only</p> <ul style="list-style-type: none"> - Prior authorization required; coverage not included for HMO plans 	<p><u>MyBenefits</u> ¹²⁰</p> <p>No statewide program; all plans required to offer access to HRAs and wellness programs</p> <p>Websites:</p> <ul style="list-style-type: none"> Florida Blue (BCBS) Aetna AvMed Capital Health Plan (CHP) Florida Health Care Plans (FHCP) UnitedHealthcare <p>*Monthly newsletter—<i>The Wellness Wire</i>—highlights local initiatives and/or programs.</p> <p><u>Other Wellness Benefits</u></p> <p><i>Discounted gym membership</i></p> <ul style="list-style-type: none"> - Offered by all plans; FHCP provides state employees free gym access for completing health assessment; Capital Health Plan reimburses up to \$150 annually per household <p><i>Commercial weight-loss program</i></p> <ul style="list-style-type: none"> - Discounts offered by all plans; AvMed offers reimbursement for up to one year of Weight Watchers after reaching goal weight <p><i>Health coaching</i></p> <ul style="list-style-type: none"> - Available virtually or by phone consultation through all plan administrators <p><i>Florida Blue (Blue365®)</i></p> <ul style="list-style-type: none"> - Offers access to health and wellness deals exclusive to BCBS members 	 <p>Adults with obesity: 27% ¹⁰⁹ Adults with diabetes: 11% ¹¹⁰</p> <p>State employees: 207,107 (77% FT) ¹¹¹ Premium payments: \$1.39 billion ¹¹²</p> <p><u>Top state plan/s</u> (2017): ^{113,114}</p> <p>PPO (Standard / HDHP) ¹¹⁵ <i>BCBS Standard PPO (SOB)</i> <i>BCBS Health Investor PPO (SOB)</i></p> <p>HMO (Standard / HDHP) ¹¹⁶ <i>Capital Health Plan (SOB)</i> <i>Aetna (SOB)</i> <i>AvMed (SOB)</i> <i>Florida Health Care Plans (SOB)</i> <i>UnitedHealthcare (SOB)</i></p> <p>Resources & Contacts:</p> <p>Division of State Group Insurance Phone: 866-663-4735</p> <p>FL Obesity Prevention Program Phone: 850-245-4321</p>