

GEORGIA

Department of Community Health (DCH) – State Health Benefit Plan (SHBP)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ¹³¹</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Screenings and preventive counseling covered according to USPSTF recommendations <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Benefit is limited to 3 non-preventive visits w/ RD per medical condition per lifetime for adults (4 visits per year for children) - Plan may require presence of comorbidity (e.g. diabetes, CHF) for coverage <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - SHBP excludes coverage for weight loss programs, whether or not under medical supervision. 	<p><u>BeWell SHBP</u> (Sharecare) ¹³²</p> <p><i>Health risk assessment: YES (BCBS / UHC only)</i></p> <p><i>Desired outcome:</i> Participants earn credits for completing well-being assessment, biometric screening, and health coaching sessions or health tracker</p> <p><i>Reward(s):</i> Incentive credits can be used to cover costs of eligible medical/pharmacy costs (6-month rollover for unused credits)</p> <p><i>Note: KP operates a separate program; offers \$500 Visa gift card for each member (\$500 additional for covered spouse) who complete their Wellness Program; see website for requirements</i></p>	<div data-bbox="1549 298 1814 553" data-label="Image"> </div> <p>Adults with obesity: 31% ¹²¹ Adults with diabetes: 11% ¹²²</p> <p>State employees: 168,414 (67% FT) ¹²³ Premium payments: \$433 million ¹²⁴</p> <p>Top state plan/s (2017): ¹²⁵</p> <p>BCBS of Georgia Gold HRA (SOB) ¹²⁶ Silver HRA (SOB) Bronze HRA (SOB) BlueChoice HMO (SOB) ¹²⁷</p> <p>Kaiser Permanente ¹²⁸ KP Regional HMO (SOB)</p> <p>UnitedHealthcare UHC Statewide HMO (SOB) ¹²⁹ UHC HDHP (SOB) ¹³⁰</p> <p>Resources & Contacts: DCH State Health Benefit Plan Phone: 404-651-6141 GA Division of Public Health Phone: 404-657-2700</p>
<p>Limited support for weight management may be available through Sharecare programs or for KP members w/ obesity & high CVD risk</p> <p><u>Pharmacotherapy</u></p> <ul style="list-style-type: none"> - Any product dispensed for the purpose of appetite suppression and other weight loss products are excluded from drug benefit <p><u>Bariatric Surgery</u></p> <p>Coverage: NO</p> <ul style="list-style-type: none"> - SHBP excludes coverage for weight loss surgery (all procedures) - Bariatric Pilot Program concluded in 2016 <p><i>NOTE: CVS Caremark will replace Express Scripts as the Pharmacy Benefits Manager beginning PY 2018.</i></p>	<p>Other Wellness Benefits</p> <p><i>Discounted gym membership</i></p> <ul style="list-style-type: none"> - All plans offer discounted memberships <p><i>Commercial weight-loss program</i></p> <ul style="list-style-type: none"> - All plans offer discounted memberships <p><i>Health coaching</i></p> <ul style="list-style-type: none"> - Available through state wellness program (BeWell) and individual health plans; incentives are associated with utilization of BeWell and KP programs <p><i>Health education sessions</i></p> <ul style="list-style-type: none"> - “Health in Motion” is a self-directed, online module for obesity prevention; available to all state employees free of charge 	