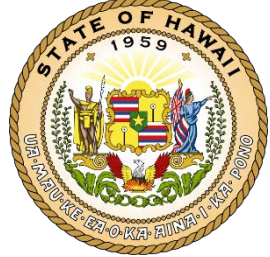


# HAWAII

## Employer-Union Health Benefits Trust Fund (EUTF)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b>            Preventive Counseling:</p> <ul style="list-style-type: none"> <li>- HMO covers one preventive care visit per year for adults; PPO plans cover USPSTF services; obesity not explicitly mentioned</li> <li>- Excludes specialized health promotion classes/support groups for weight management or bariatric surgery program</li> </ul> <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> <li>- Covered for the treatment of eating disorders when provided by licensed dietician; may be covered as a preventive service by PPO plans (copay applies)</li> </ul> <p>Behavioral Therapy:</p> <p>EUTF excludes coverage for weight reduction programs—including supplements, food, lab tests, exams, drugs, and supplies—regardless of medical necessity.</p> <p><b><u>Pharmacotherapy</u></b> <sup>142,143</sup></p> <p>KP: Phentermine (T2), Liraglutide (T3)            HMSA: Saxenda, Belviq /XR, Contrave</p> <ul style="list-style-type: none"> <li>o HMSA generally does not cover anti-obesity drugs; possible w/ <b>PA</b></li> </ul> <p><b><u>Bariatric Surgery</u></b></p> <p>Coverage: <b>YES</b></p> <ul style="list-style-type: none"> <li>- Prior authorization required; see individual plan descriptions for coverage criteria</li> <li>- Contact EUTF at 1-800-295-0089 for information about qualified facilities</li> </ul> <p><u>Note:</u> <i>Effective July 2017, HMSA plans will implement CVS Caremark’s Advanced Controlled Specialty Formulary</i> <sup>144</sup></p>	<p><b><u>EUTF Worksite Wellness Program</u></b> <sup>145</sup></p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcome:</i> [various]</p> <ul style="list-style-type: none"> <li>- Primarily promotes onsite health screening, online health assessments, and health education sessions (<b>KP   HMSA</b>)</li> </ul> <p>Encourages <b>worksite pledge</b>; contact Linda Green for additional information:            808-586-7390 / <a href="mailto:linda.l.green@hawaii.gov">linda.l.green@hawaii.gov</a></p> <p><i>Reward(s):</i></p> <p><b>KP members</b> can receive \$25 reward cards for completing an annual health assessment and completing online healthy lifestyle programs</p>	 <p>Adults with obesity: <b>23%</b> <sup>133</sup>            Adults with diabetes: <b>9%</b> <sup>134</sup></p> <p>State employees: <b>72,043</b> (73% FT) <sup>135</sup>            Premium payments: <b>\$274 million</b> <sup>136</sup></p> <p>Top state plan/s: <sup>137,138</sup></p> <p><i>HMSA EUTF 80/20 PPO (SOB)</i> <sup>139</sup>  <i>HMSA EUTF HMO Plan (SOB)</i> <sup>140</sup>  <i>Kaiser Comprehensive HMO (SOB)</i> <sup>141</sup></p> <p><b>Resources &amp; Contacts:</b></p> <p><b>Employer-Union Health Benefits Trust Fund</b>            Phone: 808 586-7390</p> <p><b>Hawaii Department of Insurance</b>            Phone: 808-586-2790</p> <p><b>Hawaii State Department of Health</b>  <i>Nutrition &amp; Physical Activity Section</i>            Phone: 808-586-4671</p>
	Other Wellness Benefits	
	<p><b><i>Discounted gym membership</i></b></p> <ul style="list-style-type: none"> <li>- KP members can earn a <b>free membership</b> (or \$10 <b>home fitness</b> kit) by visiting participating gym at least 45 times for 30 minutes during the plan year</li> </ul> <p><b><i>Ornish Reversal Program (HMSA members)</i></b></p> <ul style="list-style-type: none"> <li>- Access to high-intensity <b>lifestyle change program</b> focusing on nutrition, exercise, social support, and stress management; 18 four-hour sessions over 9 weeks; \$20 per session – call 1-877-888-3091 to enroll</li> </ul> <p><b><i>Health coaching</i></b></p> <ul style="list-style-type: none"> <li>- Both plan administrators offer free health coaching for weight management</li> </ul> <p>KP: 808-432-2262            HMSA: 855-329-5461</p>	