


ILLINOIS

Department of Central Management Services (CMS) – State Employees Group Insurance Program (SEGIP)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ¹⁶⁶ Preventive Counseling: - CMS covers one (1) annual exam & USPSTF obesity screening/counseling services</p> <p>Nutritional Counseling: - CMS covers healthy diet and physical activity counseling to promote improvement in weight status for adults with obesity - Limited to one session (10 classes) w/ RD - Some plans indicate comorbid diagnosis is required for reimbursement</p> <p>Behavioral Therapy: - HealthAlliance covers up to 26 visits/year for adults w/ obesity diagnosis as preventive benefit; other plans do not specify</p> <p>Most plans explicitly exclude benefits for the treatment of obesity, food addiction, or weight reduction, except services for morbid obesity as approved by the plan administrator.</p> <p><u>Pharmacotherapy</u> ¹⁶⁷ - Possible coverage by OAP/QCHP (self-funded plans) only; prior authorization required - HMO plans exclude coverage for anorexiant and weight loss medications</p> <p><u>Bariatric Surgery</u> ¹⁶⁸ Coverage: LIMITED - Excluded by Aetna HMO/OAP plans ¹⁶⁹ - Obesity surgery is covered with a showing of medical necessity and predetermination of benefits; related professional charges may be covered as part of morbid obesity treatment</p>	<p><u>Health Improvement Program (HIP)</u> ¹⁷⁰ <i>Health risk assessment: YES [by plan]</i> <i>Desired outcome: N/A</i></p> <p>The State is in the process of upgrading its current wellness program. The goal of the new program will be to help employees avoid chronic health problems improving lifestyle choices, including eating healthier, being more physically active, managing stress more effectively, and getting more sleep.</p> <p style="text-align: center;">Other Wellness Benefits</p> <p><i>Weight Loss Benefit Program</i> - Employees who utilize an approved weight-loss program are entitled to a \$200 rebate once every three (3) years. - Benefit is offered through CMS; submit reimbursement requests w/in a year of receipt; see Weight Loss Benefit Program or call 217-558-4486 for details</p> <p>Each plan offers additional wellness benefits to members; see chart for overview of value-added services;¹⁷¹ see state-specific plan sites for current weight management supports:</p> <ul style="list-style-type: none"> - Aetna - Health Alliance - Blue Cross & Blue Shield - HealthLink 	<div style="text-align: center;">  </div> <p>Adults with obesity: 31% ¹⁵⁷ Adults with diabetes: 10% ¹⁵⁸</p> <p>State employees: 155,598 (67% FT) ¹⁵⁹ Premium payments: \$1.28 billion ¹⁶⁰</p> <p><u>Top state plan/s:</u> ^{161,162,163} <i>Aetna POS Quality Care Health Plan (SOB)</i> <i>Health Alliance HMO (SOB)</i> ¹⁶⁴ <i>BCBS HMO Illinois (SOB)</i> <i>HealthLink OAP (SOB)</i> ¹⁶⁵</p> <p>Resources & Contacts: State Employees Group Insurance Program Phone: 844-251-1777 IL Public Health Institute Phone: 312-850-4744</p>