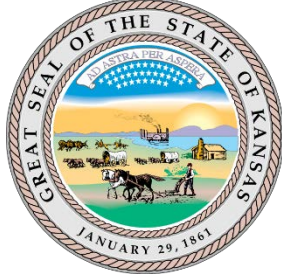


KANSAS

Department of Health & Environment – Division of Health Care Finance

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ²⁰²</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers one preventive visit per year, to include obesity screening/counseling <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Coverage is provided for nutritional counseling when for the purposes of treating obesity (BMI ≥ 30) - If nutritional counseling is being performed for a primary diagnosis of weight loss, BMI will need to be 25+ to be considered for medical necessity. <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Coverage is provided for physician office visits and appropriate lab work when for the purposes of treating obesity - Covers physician-supervised weight loss program prior to bariatric surgery 	<p><u>HealthQuest Rewards Program</u> ²⁰⁷</p> <p>Health risk assessment: YES (required)</p> <p>Desired outcome: [various]</p> <ul style="list-style-type: none"> - Earn credits for completing biometric screening, wellness challenges, and health coaching sessions - See 2018 HealthQuest Credits Grid for details and HSA/HRA reward values <p>Reward(s):</p> <p>Plan A: earn 40 credits for \$480 premium reduction (employee + spouse; up to \$240 each)</p> <p>Plan C: earn premium reduction + up to \$500 per employee/spouse (\$1000 max) in HRA/HSA dollars for additional activities</p> <p><i>Employees can also join the Wellness Champion Network to highlight wellness activities of interest in their department.</i></p>	 <p>Adults with obesity: 34% ¹⁹⁴ Adults with diabetes: 10% ¹⁹⁵</p> <p>State employees: 62,504 (71% FT) ¹⁹⁶ Premium payments: \$242 million ¹⁹⁷</p> <p><u>Top state plan/s:</u></p> <p>BCBS Plan A (SOB) ¹⁹⁸ BCBS Plan C (SOB) ¹⁹⁹ Aetna Plan A (SOB) ²⁰⁰ Aetna Plan C (SOB) ²⁰¹</p> <p>Resources & Contacts:</p> <p>Department of Health & Environment Phone: 785-296-1500</p> <p>HealthQuest <i>State of Kansas Health & Wellness Program</i> Phone: 1-888-275-1205</p>
<p><u>Pharmacotherapy</u> ^{203,204,205}</p> <ul style="list-style-type: none"> - Medications on the preferred drug list include: <i>Belviq, Contrave</i> - <i>Qsymia</i> is non-formulary but may be available with prior authorization <p><u>Bariatric Surgery</u> ²⁰⁶</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; see Bariatric Rider; must be an adult age 18 or over, a non-tobacco user, have a documented medical history of 2+ years BMI > 35 w/ two or more co-morbid conditions (or ≥ 40 w/ at least one co-morbid condition) 	<p>Other Wellness Benefits</p> <p><i>Discounted services offered through plans</i></p> <ul style="list-style-type: none"> - See individual plan guides for available services and discounts on gym memberships, prescription costs, and weight loss programs (NutriSystem, Jenny Craig, CalorieKing) 	