

KENTUCKY

Kentucky Personnel Cabinet – Department of Employee Insurance (DEI)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ²¹⁶</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Screening and counseling services covered according to USPSTF guidelines <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Covers eight (8) visits in full as preventive care service if member receives an obesity diagnosis; otherwise, 15-30% copay applies <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Covered through participation in Why Weight Kentucky program; quantities not specified <p>DEI excludes coverage of weight loss programs, services and supplies; contact KEHP for information regarding weight loss program(s) available to Members</p>	<p><u>Living Well Program</u> ²²⁰</p> <p><i>Health risk assessment: YES</i>²²¹</p> <p><i>Desired outcome:</i> [various]</p> <ul style="list-style-type: none"> - Complete LivingWell Promise; on biometric screening, extra points for results in-range: BMI < 25 and/or waist circumference < 40” (males), < 35” (females) - See guide for activity point/buck values and maximums per beneficiary <p><i>Reward(s):</i></p> <p>Cash / coupon – Go365 points (“Bucks”) can be redeemed for products in Go365 Mall, including merchandise from big name retailers such as Amazon.com, Target, and Fitbit.</p>	<div data-bbox="1533 300 1816 576" data-label="Image"> </div> <p>Adults with obesity: 35% ²⁰⁸ Adults with diabetes: 13% ²⁰⁹</p> <p>State employees: 99,324 (76% FT) ²¹⁰ Premium payments: \$247 million ²¹¹</p> <p><u>Top state plan/s:</u></p> <p><i>LivingWell CDHP (SOB)</i> ²¹² <i>LivingWell PPO (SOB)</i> ²¹³ <i>Standard PPO (SOB)</i> ²¹⁴ <i>Standard CDHP (SOB)</i> ²¹⁵</p> <p>Resources & Contacts:</p> <p>Department of Employee Insurance <i>Kentucky Employees’ Health Plan (KEHP)</i> Phone: 502-564-6534</p> <p>Living Well (Go365) Program Phone: 855-478-1623</p> <p>Partnership for a Fit Kentucky <i>Kentucky Department of Public Health</i> Phone: 502-564-3827</p>
<p><u>Pharmacotherapy</u> ²¹⁷</p> <ul style="list-style-type: none"> - Available to members enrolled in <i>Why Weight Kentucky</i> weight management program (call 1-844-402-5347 for details) - Preventive Drug Therapy Benefit List²¹⁸ medications include: <i>benzphetamine, diethylpropion /ER, phendimetrazine /ER, phentermine, Adipex-P, Belviq, Contrave, Lomaira, Qsymia, Regimex, Saxenda, Suprenza, Xenical</i> <p><u>Bariatric Surgery</u> ²¹⁹</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Surgical treatment of obesity is only covered for patients meeting Medical Necessity criteria, as defined by the Plan 	<p><u>Other Wellness Benefits</u></p> <p><i>HealthyFood Shopping Card</i></p> <ul style="list-style-type: none"> - Members can save 5% on healthy foods in partnership with Walmart; max of \$600 annual savings limit <p><i>Weight Management Benefits</i></p> <ul style="list-style-type: none"> - Additional weight management supports include Why Weight Kentucky program, nutrition resources, and physical activity guidance are available to KEHP members <p><i>Personal Health Consultant Program</i></p> <ul style="list-style-type: none"> - 24/7 access to personal health consultant to provide guidance on management of metabolic syndrome (focus on obesity as more than just a weight problem) 	