


LOUISIANA

Department of State Civil Service – Office of Group Benefits (OGB)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ²³²</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers one (1) annual physical and USPSTF services w/ an A or B rating <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Vantage HMO plan covers up to four (4) visits per year with prior authorization; PPO plans limit to members w/ diabetes <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Vantage Wellness Program covers a weight loss program as preventive service - BCBS members with obesity can enroll in Omada diabetes prevention program (Prevent) - Medical weight management was available for select members through HEADS UP! program for morbid obesity (discontinued due to funding cuts) <p>OGB excludes coverage for services, treatment or expenses related to weight reduction programs, obesity or weight loss, regardless of medical necessity (except as required by law)</p> <p><u>Pharmacotherapy</u> ²³³</p> <ul style="list-style-type: none"> - Anorexiant (weight control and obesity treatment products) are excluded from coverage <p><u>Bariatric Surgery</u> ²³⁴</p> <p>Coverage: NO</p> <ul style="list-style-type: none"> - HEADS UP! program was cut mid-year due to lack of funding. 	<p><u>Live Better Louisiana (LBL)</u> ²³⁵</p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcome: Not Determined</i></p> <ul style="list-style-type: none"> - Complete wellness checkup <ul style="list-style-type: none"> o Complete Primary Care Provider Form or Medical Exemption Form documenting health promotion plan - Additional requirements may apply; see 2019 Premium Credit Guide for details. ²³⁶ <p><i>Reward(s):</i></p> <p style="padding-left: 20px;">Premium credit – <i>Value not determined</i></p> <p><u>Note:</u> Separate wellness program is available to Vantage HMO members; register online (sign-up code 00910).</p>	 <p>Adults with obesity: 36% ²²² Adults with diabetes: 13% ²²³</p> <p>State employees: 87,442 (76% FT) ²²⁴ Premium payments: \$260 million ²²⁵</p> <p><u>Top state plan/s:</u></p> <p><i>Pelican HRA 1000 CDHP (SOB)</i> ²²⁶ <i>Pelican HSA 775 (SOB)</i> ²²⁷ <i>Magnolia Local Plus (SOB)</i> ²²⁸ <i>Magnolia Local HMO (SOB)</i> ²²⁹ <i>Magnolia Open Access PPO (SOB)</i> ²³⁰ <i>Vantage Medical Home HMO (SOB)</i> ²³¹</p> <p>Resources & Contacts:</p> <p>Office of Group Benefits (OGB) Phone: 1-800-272-8451</p> <p>Council on Physical Fitness & Sports Phone: 225-342-4886</p>
	Other Wellness Benefits	
	<p><u>Discounted gym membership</u></p> <ul style="list-style-type: none"> - \$25 gym membership through Blue365 <p><u>Disease management program</u></p> <ul style="list-style-type: none"> - Available to members enrolled in a Magnolia or Pelican plan and <u>non-Medicare primary retirees</u> at no cost; must be diagnosed with diabetes, coronary artery disease (CAD), chronic heart failure (CHF), asthma, or chronic obstructive pulmonary disease (COPD); includes health coaching with BCBS nurses and with educational materials 	