


MICHIGAN

Michigan Civil Service Commission (MiCSC)—Employee Benefits Division

| Clinical Weight Management | Employee Incentive Program | |
|---|---|---|
| <p><u>Prevention, Assessment, & Intervention</u> ²⁸⁹</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Coverage for obesity screening/counseling during preventive visits (as necessary) <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Nutritional education/counseling is covered for HMO plans (limits vary by plan; PHP specifies 6 non-preventive visits; \$20 copay) - Covered as preventive service in BCBS PPO <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - HMO plan states that weight loss programs covered if meet criteria (\$25 copay/visit) - PPO plan states that benefits are available for non-medical weight reduction up to a lifetime max of \$300 when preauthorized by plan <p>See also: Michigan Quality Improvement Consortium Guidelines for Obesity Management</p> | <p><u>Working on Wellness (WOW)</u> ²⁹⁴</p> <p><i>Health risk assessment: YES</i> (varies by plan)</p> <ul style="list-style-type: none"> - HRAs are offered by state-sponsored plans <p>Collaborates with MI Healthier Tomorrow initiative for online supports and campaigns.</p> <p><i>Reward(s):</i> None apparent</p> |  <p>Adults with obesity: 31% ²⁷⁹ Adults with diabetes: 11% ²⁸⁰</p> <p>State employees: 185,564 (61% FT) ²⁸¹ Premium payments: \$422 million ²⁸²</p> |
| <p><u>Pharmacotherapy</u> ^{290,291}</p> <ul style="list-style-type: none"> - OptumRx is PBM beginning 2017-2018 PY for PPO plan; formulary includes phentermine [T1] (requires PA) ²⁹² - See individual plans for formulary agents (includes Belviq w/ authorization) <p><u>Bariatric Surgery</u> ²⁹³</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; weight reduction procedures limited to once per lifetime - Up to \$1000 copay applies for some plans - BCBS plan states that hospital consults/evaluations are not payable when billed with obesity as a diagnostic condition <p>NOTE: <i>MedImpact</i> was replaced in 2017; formulary included <i>Belviq, Contrave, Qsymia, and Saxenda</i> as non-preferred drugs</p> | <p><u>Other Wellness Benefits</u></p> <p><i>Benefits for Life Discount Plan</i></p> <ul style="list-style-type: none"> - State of Michigan contracts with Abenity to provide employees discounts on various services and products <p><i>Weight Management Programs</i></p> <ul style="list-style-type: none"> - All plans offer weight loss programs for reduced cost to members - Discounted services or membership fees offered through most health plans; see individual programs for details <p><i>Be Well Discount Program</i></p> <ul style="list-style-type: none"> - Plans using MagellanRx get 10% discounts on fresh produce and exercise equipment | <p><u>Top state plan/s:</u></p> <p>BCBS PPO (SOB) ²⁸³ BCBS HMO (SOB) ²⁸⁴ HAP HMO (SOB) ²⁸⁵ McLaren POS (SOB) ²⁸⁶ PHP HMO (SOB) ²⁸⁷ Priority HMO (SOB) ²⁸⁸</p> <p>Resources & Contacts:</p> <p>Michigan Civil Service Commission Phone: 517-284-0100</p> <p>Employee Benefits Division Phone: 517-284-0093</p> |