


MINNESOTA

Minnesota Management & Budget (MMB) – Employee Insurance Division

| Clinical Weight Management | Employee Incentive Program | |
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| <p><u>Prevention, Assessment, & Intervention</u> ³⁰¹</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - See <i>Preventive Care Schedule</i> for details <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Covered as a preventive benefit (3 visits/year); possible non-preventive coverage (w/ applicable co-pay) for management of chronic condition if offered in primary care clinic; see <i>Health Education Resources for Advantage Members</i> for details <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - May provide weight management services or behavioral counseling if recommended by health professional - Covered by BCBS plans; limits not specified <p>Excludes charges for weight loss, drugs and programs, including program fees or dues, appetite suppressants, and exercise therapy unless medically necessary treatment and a plan-approved program</p> | <p><u>SEGIP Health Solutions</u> ³⁰⁴</p> <p><i>Health risk assessment:</i> YES</p> <p><i>Desired outcome:</i></p> <ul style="list-style-type: none"> - Complete the annual health assessment (during Open Enrollment period) - Agree to receive a follow-up call from a StayWell health professional, who may recommend disease management, weight management, nutrition classes, behavioral health, and/or exercise programs offered by the Vendor or the Member’s health Plan <p><i>Reward(s):</i></p> <ul style="list-style-type: none"> - Save \$5 on office visit copays - Opportunity for recognition as a Wellness Champion |  <p>Adults with obesity: 26% ²⁹⁵ Adults with diabetes: 8% ²⁹⁶</p> <p>State employees: 103,197 (66% FT) ²⁹⁷ Premium payments: \$599 million ²⁹⁸</p> <p><u>Top state plan/s:</u></p> |
| <p><u>Pharmacotherapy</u> ³⁰²</p> <ul style="list-style-type: none"> - SEGIP will not cover drugs prescribed for weight loss, except those specified on the Formulary (T1: phentermine / T2: Belviq, Contrave / T3: Qsymia) - PreferredOne states that anorexic agents are excluded from coverage <p><u>Bariatric Surgery</u> ³⁰³</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; coverage only if weight loss surgery is received from provider in designated weight-loss network of Claims Administrator; see full coverage criteria | <p><u>Other Wellness Benefits</u></p> <p><i>Omada Health Program</i></p> <ul style="list-style-type: none"> - 16-week online program to help employees lose weight and reduce health risks <p><i>Fitness Discounts</i></p> <ul style="list-style-type: none"> - Health Partners has a Frequent Fitness gym discount; \$20 back each month member works out 12 times or more | <p>Minnesota Advantage (SOB) ²⁹⁹ Minnesota Advantage CDHP (SOB) ³⁰⁰</p> <p>Administered by: <i>BCBS</i> <i>Health Partners</i> <i>Preferred One</i></p> <p>Resources & Contacts:</p> <p>State Employee Group Insurance Program Phone: 651-355-0100</p> |