

# MISSISSIPPI

## Department of Finance and Administration (DFA) – Office of Insurance

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b> <sup>311</sup></p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> <li>- Covers preventive diet and behavioral counseling in primary care to promote health (individual or group); see <a href="#">website</a> for limits by age/gender</li> </ul> <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> <li>- Covers counseling with a dietician as a preventive/wellness benefit; up to four (4) visits per calendar year; copay applies after first visit for Select coverage only</li> </ul> <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> <li>- Weight Management Program (WMP) through <b>ActiveHealth</b> for participants with BMI ≥ 30; 12-month program provides telephonic individual counseling with dietitians, nurses and fitness experts</li> </ul> <p>Obesity treatment and weight loss therapies (other than those considered preventive/wellness services) are excluded from coverage, regardless of medical necessity, degree of obesity, or clinical diagnosis</p>	<p><b><u>Motivating Mississippi</u></b> <sup>314</sup></p> <p><i>Health risk assessment:</i> Not Determined</p> <p>Program consists of services offered through <b>ActiveHealth</b> Management, including:</p> <ul style="list-style-type: none"> <li>- Health webinars</li> <li>- Digital coaching</li> <li>- Maternity management</li> <li>- Weight management</li> </ul> <p><i>Reward(s):</i> No monetary incentive</p>	<div data-bbox="1549 297 1822 573" data-label="Image"> </div> <p>Adults with obesity: <b>36%</b> <sup>305</sup>            Adults with diabetes: <b>15%</b> <sup>306</sup></p> <p>State employees: <b>65,418</b> (79% FT) <sup>307</sup>            Premium payments: <b>\$244 million</b> <sup>308</sup></p>
	<p><b>Other Wellness Benefits</b></p>	
<p><b><u>Pharmacotherapy</u></b> <sup>312</sup></p> <ul style="list-style-type: none"> <li>- Anorectics (any drug used for the purpose of weight loss) are excluded from coverage</li> </ul> <p><b><u>Bariatric Surgery</u></b> <sup>313</sup></p> <p>Coverage: <b>YES</b></p> <ul style="list-style-type: none"> <li>- Benefits for bariatric surgery are limited to one surgery per lifetime paid for by the Plan and are subject to prior authorization by ActiveHealth; participation in (WMP) is required for 6 months for approval</li> </ul>	<p><b><i>Wellness Center Program Discount</i></b></p> <ul style="list-style-type: none"> <li>- Various <b>locations</b> across the state; discounted membership for BCBS plan members</li> </ul> <p><b><i>Healthy You Wellness Benefit</i></b></p> <ul style="list-style-type: none"> <li>- Offered through BCBS; “Know Your Numbers” <b>online</b> risk assessment tool</li> </ul>	<p><u>Top state plan/s:</u></p> <p><i>Select Coverage (SOB)</i> <sup>309</sup>  <i>Base Coverage (SOB)</i> <sup>310</sup></p> <p><b>Resources &amp; Contacts:</b></p> <p><b>Department of Finance &amp; Administration</b>            Phone: 601-359-3402</p> <p><b>Office of Insurance</b>            Phone: 601-359-3411</p> <p><b>ActiveHealth Management</b>            Phone: 866-939-4721</p>