


# MONTANA

## Department of Administration – Health Care & Benefits Division (HCBD)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b>                      Preventive Counseling:                      - Covers USPSTF-recommended preventive services; obesity not explicitly mentioned</p> <p>Nutritional Counseling:                      - Covers three (3) visits for dietary and nutritional counseling per benefit period w/ obesity diagnosis; may require authorization</p> <p>Behavioral Therapy:                      - Covers office visit services for non-surgical, non-pharmaceutical treatment of obesity (100% after \$25 copay applies); seek pre-treatment review</p> <p>Charges in connection w/ services or supplies provided for the surgical treatment of obesity or any other weight reduction procedure and weight loss medication are specifically excluded from coverage, regardless of medical necessity or comorbid conditions</p> <p><b><u>Pharmacotherapy</u></b> <sup>331</sup>                      - Excludes weight loss medications regardless of medical necessity</p> <p><b><u>Bariatric Surgery</u></b> <sup>332</sup>                      Coverage: <b>EXCLUDED</b>                      - Surgical treatment of obesity and weight reduction services, including bariatric surgery or any other weight reduction surgery or procedure are specifically excluded, regardless of medical necessity, diagnosis or co-morbidity.</p>	<p><b><u>Live Life Well Program</u></b> <sup>333</sup>  <i>Health risk assessment: YES</i>  <i>Desired outcome(s):</i>                      - Complete State-sponsored health screening (see <b>schedule</b>)                      - Be nicotine free (or complete self-report)                      - Complete a Next Step <b>activity</b> (self-report)</p> <p><i>Reward(s):</i> Premium reduction – \$30 / month (\$60 for employee + spouse)</p> <p>*Run by <b>ActiveHealth</b> Management (call 855-206-1302 or view <b>FAQs</b> for help)</p> <hr/> <p><b><u>Other Wellness Benefits</u></b></p> <p><b><i>Fitness Challenges</i></b>                      - Participation in Live Life Well <b>challenges</b> can count toward premium reduction</p> <p><b><i>Commercial weight-loss program</i></b>                      - Eligible for reimbursement of up to \$75 every two years for <b>Weight Watchers</b> fees; must meet eligibility criteria and complete <b>form</b></p> <p><b><i>Weight Management &amp; Health Education</i></b>                      - Free <b>webinars</b> and <b>self-study</b> courses                      - <b>Resources</b> on healthy weight management</p> <p><b><i>Disease Management Program</i></b>                      - Offers a nurse health coaching <b>program</b> at no charge for state employee members for diabetes, hypertension, and hyperlipidemia</p>	 <p>Adults with obesity: <b>24%</b> <sup>324</sup>                      Adults with diabetes: <b>8%</b> <sup>325</sup></p> <p>State employees: <b>27,172</b> (64% FT) <sup>326</sup>                      Premium payments: <b>\$114 million</b> <sup>327</sup></p> <p><u>Top state plan/s:</u></p> <p><i>Blue Choice (SOB)</i> <sup>328</sup>  <i>New West (SOB)</i> <sup>329</sup>  <i>Traditional (SOB)</i> <sup>330</sup></p> <p><b>Resources &amp; Contacts:</b>  <b>Department of Administration</b>                      Phone: 406-444-2511  <b>Health Care &amp; Benefits Division</b>                      Phone: 406-444-7462  <b>Allegiance Benefit Plan Management</b>                      Phone: 1-855-999-1057</p>