


NEW HAMPSHIRE

Department of Administrative Services – Division of Personnel

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ³⁶²</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers USPSTF A/B recommendations, including obesity screening and counseling <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Covered as a preventive service or office visit (subject to copay; limited to 3 visits/year or unlimited for organic disease, diabetes, or eating disorder) <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - No coverage for non-surgical service, treatment, procedure or program for weight or appetite control, weight loss, weight management or control of obesity other than preventive benefits noted above, even if the weight or obesity aggravates another condition <p>Covers services for treatment of diseases and ailments caused by obesity and morbid obesity</p> <ul style="list-style-type: none"> - Weight management counseling (as a preventive service) is only covered if provided during nutrition counseling visits or diabetes management program 	<p><u>SoNH Employee Wellness Program</u> ³⁶⁵</p> <p><i>Health risk assessment: YES (HAT)</i></p> <ul style="list-style-type: none"> - Partners with Anthem BCBS to provide wellness benefits to state employees <p><i>Desired outcome: Complete activities (3+)</i></p> <ul style="list-style-type: none"> - Know Your Numbers screening - Healthy Lifestyles Program - Employee Health Education Program - Preventive Care Screening (claims-based) - ConditionCare Program (eligibility limits) - Flu vaccination <p><i>Reward(s):</i></p> <p>Health Reward Points – can be redeemed for gift cards or a Visa Debit Card (up to \$300/yr)</p> <p>Agency Wellness Coordinators are acknowledged for their health promotion efforts</p>	 <p>Adults with obesity: 26% ³⁵⁶ Adults with diabetes: 8% ³⁵⁷</p> <p>State employees: 26,221 (56% FT) ³⁵⁸ Premium payments: \$170 million ³⁵⁹</p> <p><u>Top state plan/s:</u></p> <p><i>HMO Blue New England (SOB)</i> ³⁶⁰ <i>BlueChoice New England POS (SOB)</i> ³⁶¹</p> <p>Resources & Contacts:</p> <p>Department of Administrative Services Phone: 603-271-3261</p> <p>Health Benefit Committee (HBC) State Wellness Coordinator Phone: 603-271-4103</p>
<p><u>Pharmacotherapy</u> ³⁶³</p> <ul style="list-style-type: none"> - All plan designs exclude coverage for anti-obesity medications; phentermine is listed on formulary (coverage criteria not found) <p><u>Bariatric Surgery</u> ³⁶⁴</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Covered as a “surgery for conditions caused by obesity” (comorbidity required) - Prior authorization required; covers psychological testing for candidates 	<p><u>Other Wellness Benefits</u></p> <p><u>Community Health Education</u></p> <ul style="list-style-type: none"> - Community Health Education Reimbursement Program (CHERP) allows reimbursement up to \$150 for education classes on nutrition, physical activity, and/or weight management; see CHERP facilities for class offerings <p><u>Fitness Benefit / Reimbursement (HMO only)</u></p> <ul style="list-style-type: none"> - Up to \$450 per year for membership at approved facility, OR \$200 per year toward piece of home exercise equipment <p><u>Commercial Weight Management</u></p> <ul style="list-style-type: none"> - Discounts on Jenny Craig [®], Lindora [®], and other programs 	