

NEW JERSEY

Department of the Treasury – Division of Pensions & Benefits

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ³⁷⁸</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers obesity screening and counseling prevention services (26 visits/year; up to 10 visits for healthy diet) <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Covers MNT and nutrition counseling to aid in weight reduction due to obesity; up to three (3) visits per year; Aetna plans cover up to 10 visits per year for obesity (preventive codes) <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Aetna: Non-surgical treatment for obesity limited to coverage for initial exam, diagnostic tests, and obesity counseling (billed as preventive service) <ul style="list-style-type: none"> o Periodic review of hospital-based/physician-supervised weight loss programs is required for continued coverage 	<p><u>NJWELL</u> ³⁸¹</p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcomes: Complete NJWELL activities:</i></p> <ul style="list-style-type: none"> - Biometric screening [req'd for incentive] - Health assessment* [req'd for incentive] - Preventive health screenings - Health coaching (1-855-231-1219) - Flu shot - Track physical activity - 5% improvement in biometric scores (BMI < 30, blood pressure, glucose, or total cholesterol) <p><i>Reward(s):</i></p> <p>Cash / coupon – up to \$250 Visa Debit Card (spouse eligible to earn additional \$250)</p> <p><i>*SHBP members who enroll in OMNIA Health Plan for at least two years can receive up to \$2000 incentive.</i></p>	<div data-bbox="1543 300 1822 576" data-label="Image"> </div> <p>Adults with obesity: 26% ³⁶⁶ Adults with diabetes: 9% ³⁶⁷</p> <p>State employees: 157,465 (81% FT) ³⁶⁸ Premium payments: \$1.44 billion ³⁶⁹</p> <p><u>Top state plan/s:</u></p> <p>AETNA</p> <ul style="list-style-type: none"> Aetna HMO (SOB) ³⁷⁰ Aetna Freedom15 PPO (SOB) ³⁷¹ Aetna Value HD1500 (SOB) ³⁷² Aetna Liberty EPO (SOB) ³⁷³ <p>HORIZON</p> <ul style="list-style-type: none"> Horizon HMO (SOB) ³⁷⁴ NJ Direct15 PPO (SOB) ³⁷⁵ NJ Direct HD1500 (SOB) ³⁷⁶ Omnia Health EPO (SOB) ³⁷⁷ <p>Resources & Contacts:</p> <p>Division of Pensions & Benefits Phone: 609-292-7524</p> <p>State Health Benefits Program (SHBP) & School Employees' Health Benefits Program (SHEBP) Email: pensions.nj@treas.nj.gov</p>
<p>Plans exclude surgical operations, procedures or treatment of obesity, except where mandated by law (or as noted in the plan documents)</p> <p><u>Pharmacotherapy</u> ³⁷⁹</p> <ul style="list-style-type: none"> - Phentermine is on formulary as T1 agent (PA required; criteria and limits not found) <p><u>Bariatric Surgery</u> ³⁸⁰</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; see plan documents for coverage criteria - Aetna also specifies coverage for outpatient services related to the surgery 	<p><u>Other Wellness Benefits</u></p> <p><i>Discounted gym membership</i></p> <ul style="list-style-type: none"> - Both plans offer discounts to some facilities <p><i>Commercial weight-loss program</i></p> <ul style="list-style-type: none"> - Discounted membership and products from CalorieKing®, Jenny Craig®, and Nutrisystem® <p><i>Retiree Wellness Program</i></p> <ul style="list-style-type: none"> - Must complete annual certification form to remain enrolled in program 	