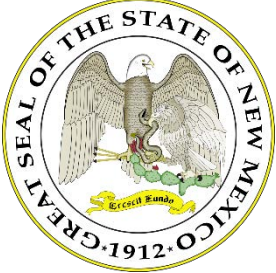


# NEW MEXICO

## General Services Department – Risk Management Division Employee Benefits Bureau (EBB)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b> <sup>388</sup>                      Preventive Counseling:                      - Annual consultation to discuss lifestyle behaviors that promote health</p> <p>Nutritional Counseling: <b>(HMO only)</b>                      - Only for members with morbid obesity; subject to \$45 copay for outpatient visits; benefit limits not found</p> <p>Behavioral Therapy: <b>(HMO only)</b>                      - Weight loss management, obesity treatment, and nutritional counseling are covered only if medically-necessary and provided by a Physician, licensed nutritionist, or registered dietician; benefit limits not found (\$45 copay)                      - Benefit for members w/ a BMI <math>\geq 35</math> kg/m<sup>2</sup> who are at high risk for increased morbidity due to specific obesity comorbidity                      - Member must have demonstrated adherence with all prescribed medications and treatment instructions</p> <p><b><u>Pharmacotherapy</u></b> <sup>389</sup>                      - Possible coverage for phentermine (T1) or other obesity agents with PA; call Express Scripts for criteria (1-800-743-1720)</p> <p><b><u>Bariatric Surgery</u></b> <sup>390</sup>                      Coverage: <b>YES</b>                      - Requires prior authorization; see medical <b>policies</b> for full coverage criteria</p> <p><i>Note: Obesity treatment is not a covered benefit under this Plan unless the Member is being treated for morbid obesity.</i></p>	<p><b><u>Stay Well Wellness Program</u></b> <sup>391</sup>  <i>Health risk assessment: YES</i>  <i>Desired outcome:</i>                      - Complete Personal Health Assessment (PHA)                      - Complete <b>biometric screening</b>                      - Complete 10-week virtual health coaching <b>program</b> based on screening results</p> <p><i>Reward(s):</i>                      - Participants receive a <b>swag bag</b> with health-promoting items after completing screening                      - Employees can become a Stay Well <b>Wellness Ambassador</b></p> <p style="text-align: center;"><b>Other Wellness Benefits</b></p> <p><b><u>Stay Well Health Center</u></b>                      - Offers free, no-cost health care for covered state employees and dependents aged 2 years+, including condition management and health coaching for pre-diabetes, metabolic syndrome, and weight management                      - Medications dispensed through Health Center are free of charge</p>	<div style="text-align: center;">  </div> <p>Adults with obesity: <b>29%</b> <sup>382</sup>                      Adults with diabetes: <b>12%</b> <sup>383</sup></p> <p>State employees: <b>54,822</b> (75% FT) <sup>384</sup>                      Premium payments: <b>\$99 million</b> <sup>385</sup></p> <p><u>Top state plan/s:</u></p> <p><i>Presbyterian HMO (SOB)</i> <sup>386</sup>  <i>BCBS PPO (SOB)</i> <sup>387</sup>  <i>BCBS HMO (SOB)</i></p> <p><b>Resources &amp; Contacts:</b>  <b>Group Benefits Plan</b>                      Phone: 505-244-6000  <b>Employee Benefits Bureau (EBB)</b>                      Phone: 505-827-5651</p>