


NEW YORK

Employee Benefits Division, Department of Civil Service

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ³⁹⁶</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers screening and counseling for obesity, diet, and nutrition in a primary care setting <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Covered when the treatment is medically necessary and the provider is licensed in the state where the service is rendered <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - NYSHIP excludes services, supplies or pharmaceutical products rendered in conjunction with weight reduction programs, unless the patient is morbidly obese and treatment is in a physician's office 	<p><u>WellNYS Everyday</u> ³⁹⁹</p> <p><i>Health risk assessment:</i> N/A</p> <p><i>Desired outcome:</i> Participation</p> <ul style="list-style-type: none"> - Wellness initiative dedicated to educating, engaging, and empowering New York State employees and their families, by encouraging participation in healthy behaviors - Participate in Olympic and Monthly Challenges - Provides workplace walking maps, daily wellness tips, and information about NYS Farmers Markets <p><i>Reward(s):</i></p> <p>Recognition – Participants can receive a certificate and/or wristband for completing monthly challenges</p> <ul style="list-style-type: none"> - Opportunity to be recognized as a WellNYS Ambassador 	 <p>Adults with obesity: 25% ³⁹² Adults with diabetes: 10% ³⁹³</p> <p>State employees: 270,350 (83% FT) ³⁹⁴ Premium payments: \$2.01 billion ³⁹⁵</p> <p><u>Top state plan/s:</u></p> <p><i>Empire Plan PPO (SOB)</i> <i>MVP HMO (SOB)</i> <i>Independent Health HMO (SOB)</i> <i>Excellus BCBS HMO (SOB)</i> <i>Emblem HMO (SOB)</i> <i>Empire BCBS HMO (SOB)</i> <i>CD PHP HMO (SOB)</i> <i>BCBS WNY HMO (SOB)</i> <i>Excellus BlueChoice 25 HMO (SOB)</i></p> <p>Resources & Contacts:</p> <p>New York State Health Insurance Program Phone: 1-877-769-7447</p> <p>Department of Civil Service Phone: 518-457-5754</p>
<p><u>Pharmacotherapy</u> ³⁹⁷</p> <ul style="list-style-type: none"> - Phentermine (T1), Lomaira (T1), Saxenda (T2), Belviq (T2), and Contrave (T2) may be covered with prior authorization as preferred agents under the Empire Plan (PPO) - Saxenda, Belviq, Contrave included on flexible formulary; require PA <p><u>Bariatric Surgery</u> ³⁹⁸</p> <p>Coverage: COVERED</p> <ul style="list-style-type: none"> - Prior authorization required; see plan medical policies for coverage criteria - No evidence of coverage for BCBS Empire HMO plan (all other HMOs indicate coverage) 	<p>Other Wellness Benefits</p> <p><i>Health & Wellness Incentives</i></p> <ul style="list-style-type: none"> - Vary by plan; examples include Independent Health's Nutrition Benefit and CDPHP's Life Points reward program 	