


OHIO

Department of Administrative Services (DAS) – Office of Benefit Administrative Services (BAS)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ⁴³⁰</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Screening and counseling services to aid in weight reduction due to obesity <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Up to 2 visits/year (non-preventative); up to 10 visits/year covered as preventive service in connection with hyperlipidemia or other risk factors for chronic disease <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Anthem/Aetna cover only as a preventive benefit; group counseling not covered - Medical Mutual covers weight management classes and office visits w/ diagnosis of obesity (20% copay applies) <p>Excludes coverage for medical weight control services, exercise programs or equipment; and other services and supplies that are primarily intended to control weight or treat obesity, or for weight reduction, regardless of the existence of comorbid condition, unless specified by the Plan.</p> <p><u>Pharmacotherapy</u> ⁴³¹</p> <ul style="list-style-type: none"> - Prescription drugs and any other services or supplies for the treatment of obesity are not covered. <p><u>Bariatric Surgery</u> ⁴³²</p> <p>Coverage: YES (<i>medically-necessary only</i>)</p> <ul style="list-style-type: none"> - Prior authorization required; covers related expenses incurred within 2-year period 	<p><u>Take Charge! Live Well!</u> ⁴³³</p> <p><i>Health risk assessment: YES (Healthways)</i></p> <p><i>Desired outcomes:</i></p> <ul style="list-style-type: none"> - Complete biometric screening; attend event or complete Physician Form - Complete Well-Being 5™ Survey - Participate in challenges, online programs, health coaching calls, or other health activities <p><i>Reward(s):</i></p> <p>Cash / coupon – up to \$350/year for employee and/or spouse</p> <ul style="list-style-type: none"> ○ Points are redeemed for gift cards 	<div style="text-align: center;">  </div> <p>Adults with obesity: 30% ⁴²³ Adults with diabetes: 11% ⁴²⁴</p> <p>State employees: 184,710 (59% FT) ⁴²⁵ Premium payments: \$470 million ⁴²⁶</p> <p><u>Top state plan/s:</u></p> <p><i>Aetna Choice POS II (SOB)</i> ⁴²⁷ <i>Anthem PPO (SOB)</i> ⁴²⁸ <i>Medical Mutual PPO (SOB)</i> ⁴²⁹</p> <p>Resources & Contacts:</p> <p>Department of Administrative Services Phone: 614-466-8857</p> <p>Human Resources Division Phone: 614-728-0732</p> <p>Office of Benefit Administration Services Phone: 614-728-7518</p>
	Other Wellness Benefits	
	<p><i>Health coaching</i></p> <ul style="list-style-type: none"> - Offered through <i>Take Charge! Live Well!</i> Program; call 866-556-2288 to enroll - can earn up to \$50 per call (max \$200 incentive) 	