


OKLAHOMA

Office of Management & Enterprise Services (OMES) – Employee Benefits Department (EBD)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ⁴⁴⁴</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - One visit per calendar year for adults for any E/M code with diagnosis of morbid obesity <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Up to 3 visits for diet counseling in primary care to promote a healthy diet (any diagnosis) - GlobalHealth covers 12-26 visits in first year with BMI ≥ 30 <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - Some plans cover group/individual behavioral therapy sessions to help members with obesity <p>Exclusions and language vary by plan; typically excludes coverage for all treatments for obesity, expenses for weight loss treatment, advice or training (except when performed at an MBSA-QIP certified-comprehensive center of excellence or required to satisfy treatment guidelines for a condition other than obesity).</p> <p><u>Pharmacotherapy</u> ⁴⁴⁵</p> <ul style="list-style-type: none"> - Typically excludes drugs for weight management, including anorexiant and body building drugs <p>NOTE: Several medications included as T1 in GlobalHealth state employee formulary</p> <p><u>Bariatric Surgery</u> ⁴⁴⁶</p> <p>Coverage: LIMITED (HealthChoice only)</p> <ul style="list-style-type: none"> - Prior authorization required; must be in plan for at least 12 months prior to surgery - Limited to bariatric sleeve, bypass, duodenal switch, revision and conversions 	<p><u>Thrive</u> ⁴⁴⁷ (formerly OKHealth)</p> <p><i>Health risk assessment: N/A</i></p> <p><i>Desired outcome: N/A</i></p> <p>Thrive’s number one goal is to create programs, classes and tools that are of use to OK state employees</p> <ul style="list-style-type: none"> - Provides some classes and training opportunities (e.g. Lunch & Learn) by request; minimum of 20 employees may be registered for onsite training <p>NOTE: <i>Many of the benefits provided under OKHealth have been discontinued under Thrive, including biometric screenings and individualized health coaching on diet/exercise.</i></p>	<div style="text-align: center;">  </div> <p>Adults with obesity: 34% ⁴³⁴ Adults with diabetes: 12% ⁴³⁵</p> <p>State employees: 86,996 (70% FT) ⁴³⁶ Premium payments: \$329 million ⁴³⁷</p> <p><u>Top state plan/s:</u></p> <p><i>HealthChoice High (SOB)</i> ⁴³⁸ <i>HealthChoice Basic (SOB)</i> ⁴³⁹ <i>HealthChoice HDHP (SOB)</i> ⁴⁴⁰ <i>Atena HMO + ACO (SOB)</i> ⁴⁴¹ <i>CommunityCare HMO (SOB)</i> ⁴⁴² <i>GlobalHealth HMO (SOB)</i> ⁴⁴³</p> <p>Resources & Contacts:</p> <p>Employee Benefits Department Phone: 405-522-5528</p> <p>Oklahoma State Department of Health Phone: 405-271-5600</p>
	Other Wellness Benefits	
	<p><u>Discounted gym membership</u></p> <ul style="list-style-type: none"> - Discounts offered through all plans; see HealthChoice Wellness Program or member plan materials for participating fitness centers <p><u>Commercial weight-loss program</u></p> <ul style="list-style-type: none"> - May be available at a discount through some health plans 	