

# OREGON

## Oregon Health Authority (OHA) – Public Employees’ Benefit Board (PEBB)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b> Preventive Counseling: <b>COVERED</b></p> <p>Nutritional Counseling: - Typically cover up to 4 nutrition visits per year (2 at no cost); unlimited for diagnoses related to bariatric surgery &amp; eating disorders</p> <p>Behavioral Therapy: - PEBB covered expenses for the medical treatment of obesity include healthy diet counseling and behavioral therapy for obesity and weight management.</p> <p><b>Annual and lifetime coverage limits vary by plan;</b> excludes dietary formulas for weight loss</p> <p>Additional weight management <b>services</b> may be available through some PEBB plans; all offer Weight Watchers at no cost through PEBB partnership</p> <p><b><u>Pharmacotherapy</u></b> <sup>458</sup> <i>AllCare</i> only - Coverage of weight loss drugs is subject to review; covered if medically necessary for the medical treatment of weight-loss or obesity under the <b>plan</b> (generics are T1; no PA req’d) - Other <b>plans</b> exclude coverage of drugs used for weight loss or for cosmetic purposes; see <b>formularies</b></p> <p><b><u>Bariatric Surgery</u></b> Coverage: <b>YES</b> - Prior authorization required; PEBB requires staged approach with BMI ≥ 35 w/ unresolved diabetes, BMI ≥ 40 w/ related comorbidity or BMI ≥ 50 kg/m<sup>2</sup></p>	<p><b><u>Health Engagement Model</u></b> <sup>459</sup> <i>Health risk assessment: YES</i> <i>Desired outcomes:</i> - Complete HEM health assessment - Complete two <b>health actions</b> during plan year (not required to report/track formally)</p> <p><i>Reward(s):</i> Incentive payment – \$17.50 additional monthly pay for compliance with <b>HEM agreement</b></p> <p><b>Note:</b> <i>Enrollees who fail to complete assessment are subject to \$100 added deductible per covered individual (max \$300 per family)</i></p>	<div style="text-align: center;">  </div> <p>Adults with obesity: <b>30%</b> <sup>448</sup> Adults with diabetes: <b>11%</b> <sup>449</sup></p> <p>State employees: <b>84,384</b> (70% FT) <sup>450</sup> Premium payments: <b>\$717 million</b> <sup>451</sup></p> <p><u>Top state plan/s:</u> <sup>452</sup></p> <p><i>Kaiser HMO (SOB)</i> <sup>453</sup> <i>PEBB Providence Choice EPO (SOB)</i> <sup>454</sup> <i>PEBB Providence Statewide EPO (SOB)</i> <sup>455</sup> <i>AllCare PEBB MCO (SOB)</i> <sup>456</sup> <i>Moda Summit POS (SOB)</i> <sup>457</sup></p> <p><b>Resources &amp; Contacts:</b> <b>Oregon Public Employees’ Benefit Board</b> Phone: 503-373-1102 <b>Oregon Health Authority</b> Phone: 503-945-5772</p>
Other Wellness Benefits	<p><b><u>Weight Watchers</u></b> - PEBB offers membership for subscribers and their families at <b>no cost</b>; several <b>program options</b> included; call 1-866-454-2144.</p> <p><b><u>Health education / coaching</u></b> - <b>Better Choices, Better Health®</b> is offered at no cost to PEBB members - <b>Virtual Lifestyle Management</b> (16-week) and <b>onsite DPP</b> offered to state employees</p> <p>Plan websites for additional benefits: - <b>AllCare PEBB</b> - <b>Kaiser Permanente</b> - <b>Moda Health</b> - <b>PEBB Providence</b></p>	