


PENNSYLVANIA
Pennsylvania Benefit Trust Fund (PEBTF)

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ^{465,466} Preventive Counseling: - Covers only annual wellness visit</p> <p>Nutritional Counseling: - PEBTF covers up to 2 visits per year of healthy diet/activity counseling for adults with known chronic-disease risk factors (PCP or referral); preventive benefit only</p> <p>Behavioral Therapy: PEBTF excludes coverage for the non-surgical treatment of obesity and the control or management of weight, including nutritional counseling, nutritional supplements, commercial weight loss programs, exercise equipment or gym memberships.</p> <p>- Weight management programs or benefits may be available through the Get Healthy Program and/or some plan wellness programs</p> <p><u>Pharmacotherapy</u> ⁴⁶⁷ - PEBTF excludes coverage for medications for weight reduction</p> <p><u>Bariatric Surgery</u> ⁴⁶⁸ Coverage: NO* - PEBTF excludes coverage for all services and supplies for the surgical treatment of obesity.</p> <p><i>*Beginning 2018, state employees have access to bariatric surgery as a covered benefit.</i></p>	<p><u>Get Healthy Program</u> ⁴⁶⁹ <i>Health risk assessment: Know Your Numbers</i> <i>Desired outcome:</i></p> <ul style="list-style-type: none"> - Complete wellness screening by end of December to avoid employee contribution surcharge (for plan year beginning July of following year) - Free screenings offered by Quest Diagnostics at employee worksites and Patient Service Center; copays and leave requests apply if completed by PCP at separate visit <p><i>Reward(s):</i> Premium reduction – \$62.19 per pay (2017)</p> <p align="center">Other Wellness Benefits</p> <p><i>Discounted programs & products</i> - See summary of discounts for each plan: Highmark Blue365 Geisinger Aetna</p> <p><i>Get Healthy Resources & Webinars</i> - Collection of resources includes handouts on healthy eating, interactive presentations, and recipes</p> <ul style="list-style-type: none"> - PEBTF covered employees can register for monthly webinars on various health topics <p><i>*resources developed by ActiveHealth Management</i></p>	<div align="center">  </div> <p>Adults with obesity: 30% ⁴⁶⁰ Adults with diabetes: 10% ⁴⁶¹</p> <p>State employees: 206,517 (69% FT) ⁴⁶² Premium payments: No data</p> <p><u>Top state plan/s:</u></p> <p>PPO Option (same coverage) ⁴⁶³ <i>Basic PPO – Highmark Blue Shield (SOB)</i> <i>Choice PPO – Aetna (SOB)</i></p> <p>HMO Option (same coverage) ⁴⁶⁴ <i>PEBTF Custom HMO – Aetna (SOB)</i> <i>PEBTF Custom HMO – Geisinger (SOB)</i></p> <p>Resources & Contacts:</p> <p>Pennsylvania Employees Benefit Trust Fund Phone: 717-561-4750 (ext. 7511)</p> <p>Obesity Prevention & Wellness Program Phone: 877-724-3258</p>