


# RHODE ISLAND

## Department of Administration (DOA) – Office of Employee Benefits (OEB)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b> <sup>476</sup>            Preventive Counseling:            - Covers evidence-based items or services that w/ USPSTF rating of "A" or "B"</p> <p>Nutritional Counseling:            - Benefit is limited to six individual sessions per year (limit applies only to non-preventive visits); 10% copay applies for HSA plan</p> <p>Behavioral Therapy:            - Non-surgical treatments for obesity—including weight loss programs—are excluded from coverage, regardless of medical supervision or morbid obesity.</p> <p><b>Diabetes Prevention Program</b> is offered at no cost for State of Rhode Island medical plan members (through YMCA locations statewide).</p>	<p><b><u>Rewards for Wellness</u></b> <sup>480</sup>  <i>Health risk assessment: YES</i>  <i>Desired outcome: [various]</i>            - Participants earn co-share credits for viewing <b>podcasts</b>, completing <b>cost-estimator</b> activities and program surveys, and obtaining annual health <b>screenings</b>.</p> <p><i>Reward(s):</i>            Premium reduction – up to \$500 credit (annual)            ○ \$25 for obtaining BMI screening            ○ \$25 for BMI &lt; 30 or watching “Mindful Eating” podcast + completing quiz            ○ \$50 for blood pressure &lt; 140/90</p> <p>Employees can complete several activities at once by attending an <b>Employee Health Fair</b></p>	 <p>Adults with obesity: <b>26%</b> <sup>470</sup>            Adults with diabetes: <b>9%</b> <sup>471</sup></p> <p>State employees: <b>23,925</b> (71% FT) <sup>472</sup>            Premium payments: <b>\$130 million</b> <sup>473</sup></p> <p><u>Top state plan/s:</u></p> <p>2014 Choice Plus (SOB) <sup>474</sup>            2014 Choice Plus HSA (SOB) <sup>475</sup></p>
<p><b><u>Pharmacotherapy</u></b> <sup>477</sup>            - Although anti-obesity agents are included on the State of Rhode Island preventive medication therapy list and performance <b>formulary</b>, RI has issued guidance clarifying that <b>the State health plan does not cover weight loss/anti-obesity drugs</b> <sup>478</sup></p> <p><b><u>Bariatric Surgery</u></b> <sup>479</sup>            Coverage: <b>YES</b>            - DOA covers surgical treatment of obesity provided for BMI ≥ 40 kg/m<sup>2</sup> (≥ 35 w/ comorbidity); prior authorization required</p>	<p><b>Other Wellness Benefits</b></p> <p><b><i>UnitedHealth Allies Discount Program</i></b>            - Offers discounts on gym memberships and commercial weight management programs</p> <p><b><i>Wellness Podcasts</i></b>            - Features <b>podcasts</b> and knowledge quizzes on mindful eating and physical activity</p> <p><b><i>Rally Health</i></b>            - Access to health support and <b>customized</b> “missions” based on health assessment</p> <p><u>Note:</u> Health &amp; Wellness Coordinators for each department can be found <b>online</b>.</p>	<p><b>Resources &amp; Contacts:</b></p> <p><b>Office of Employee Benefits</b>            Phone: 401-222-3160</p> <p><b>State Employee Wellness Initiative</b>            Phone: 401-222-6270</p> <p><b>HealthSource Rhode Island</b>            Phone: 401-462-3608</p>