


# SOUTH CAROLINA

## South Carolina Public Employee Benefit Authority (PEBA)

Clinical Weight Management	Employee Incentive Program	
<p><b><u>Prevention, Assessment, &amp; Intervention</u></b> <sup>486</sup></p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> <li>- Plan covers one annual worksite screening per enrollee to include counseling on identified individual risk health risk factors</li> </ul> <p>Nutritional Counseling: <b>None</b></p> <p>Behavioral Therapy: <b>None</b></p> <p>PEBA excludes coverage for weight loss treatments and conditions and complications as a result of such treatments.</p> <ul style="list-style-type: none"> <li>- Weight management assistance is available through self-enrollment in <b>health coaching</b> from BlueCross (value-added benefit)</li> </ul> <p><b><u>Pharmacotherapy</u></b> <sup>487</sup></p> <ul style="list-style-type: none"> <li>- Prescription drugs used for weight loss are not covered</li> </ul> <p><b><u>Bariatric Surgery</u></b> <sup>488</sup></p> <p>Coverage: <b>NO</b></p> <ul style="list-style-type: none"> <li>- PEBA excludes coverage for all weight loss surgery, including but not limited to gastric bypass or stapling, intestinal bypass and related procedures, and the reversal of such procedures.</li> </ul> <p><b><u>NOTE:</u></b> PEBA believes the State Health Plan is a <b>grandfathered health plan</b> under the Patient Protection and Affordable Care Act (ACA) and does not provide preventive health services according to USPSTF guidelines.</p>	<p><b><u>PEBA Perks</u></b> <sup>489</sup></p> <p><i>Health risk assessment:</i> N/A</p> <p><i>Desired outcome:</i> N/A</p> <ul style="list-style-type: none"> <li>-</li> </ul> <p><i>Reward(s):</i> N/A</p> <ul style="list-style-type: none"> <li>- Value-based services for stress management and information about weight management are offered at no cost to enrolled employees</li> </ul>	 <p>Adults with obesity: <b>32%</b> <sup>481</sup></p> <p>Adults with diabetes: <b>12%</b> <sup>482</sup></p> <p>State employees: <b>93,631</b> (77% FT) <sup>483</sup></p> <p>Premium payments: <b>\$311 million</b> <sup>484</sup></p> <p><u>Top state plan/s:</u></p> <p><b>State Health Plan</b> <sup>485</sup></p> <p style="margin-left: 40px;"><i>Standard PPO (SOB)</i></p> <p style="margin-left: 40px;"><i>Savings PPO (SOB)</i></p> <p><b>Resources &amp; Contacts:</b></p> <p><b>Public Employee Benefit Authority</b> Phone: 803-737-6800</p> <p><b>South Carolina Healthy Connections</b> Phone: 888-289-0709</p>
	Other Wellness Benefits	
	<p><b><i>Fitness &amp; Wellness Discounts</i></b></p> <ul style="list-style-type: none"> <li>- Access to weight management information as value-based benefit through <b>PEBA Perks</b></li> <li>- Member discounts on fitness centers and commercial weight loss programs; available through <b>Blue365</b></li> </ul> <p><b><i>Health coaching</i></b></p> <ul style="list-style-type: none"> <li>- Free weight management assistance from health coach with <b>Rally Health</b> membership (call 855-838-5897, opt. 3)</li> </ul>	