


SOUTH DAKOTA

Bureau of Human Resources (BHR) – State Employee Benefits Program

| Clinical Weight Management | Employee Incentive Program | |
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| <p><u>Prevention, Assessment, & Intervention</u> ⁴⁹⁶ Preventive Counseling: - Plan covers one annual wellness exam per year for adults (18+); counseling for healthy diet, physical activity, and obesity are included in this visit</p> <p>Nutritional Counseling: NOT DETERMINED Behavioral Therapy: NOT DETERMINED</p> <p>- Weight control interventions are non-covered unless approved by Health Management Partners (HMP)</p> <p><u>Pharmacotherapy</u> ⁴⁹⁷ Prescription Formulary: Belviq, Belviq XR Preventive Formulary: <i>see tiered list</i> ⁴⁹⁸</p> <p>- Coverage for weight control medications requires prior approval from DakotaCare</p> <p><u>Note:</u> <i>Saxenda is specified as a non-covered product under the 2017 pharmacy benefit.</i></p> <p><u>Bariatric Surgery</u> Coverage: YES</p> <p>- Prior authorization required through HMP (1-866-330-9886 / weightloss@hmpsd.com)</p> <p>- Covered if member has BMI ≥ 35 kg/m² with two comorbidities, BMI ≥ 40 with one comorbidity, or BMI ≥ 45 with no comorbid conditions; must complete Weight Management Program (see SPD for details)</p> | <p><u>benefIT Well-Being Program</u> ⁴⁹⁹ Health risk assessment: YES Desired outcomes: - Complete online Health Assessment - Complete on-site Health Screening - Earn at least 100 Wellness Points</p> <p>Reward(s): Employees who complete all requirements by March 31st of current year are eligible to: o enroll in the Low Deductible Health Plan for the following plan year OR to o earn the maximum State HSA contribution (\$500/member if enrolled in HDHP)</p> <p><u>Note:</u> <i>Program is administered by StayWell.</i></p> |  <p>Adults with obesity: 30% ⁴⁹⁰ Adults with diabetes: 9% ⁴⁹¹</p> <p>State employees: 18,871 (67% FT) ⁴⁹² Premium payments: \$71 million ⁴⁹³</p> <p><u>Top state plan/s:</u> ⁴⁹⁴ South Dakota State Employee Health Plan ⁴⁹⁵</p> <p><i>Low Deductible PPO Plan (SOB) High Deductible Health Plan (SOB)</i></p> <p>Resources & Contacts: Bureau of Human Resources Phone: 605-773-3148 State Employee Benefits Program Phone: 877-573-7347 (opt. 2) South Dakota Department of Health Phone: 605-773-3361</p> |
| | Other Wellness Benefits | |
| | <p><u>EAP Webinars</u></p> <p>- Employee Assistance Program hosts health-related webinars that can connect employees with local weight management supports</p> <p><u>SDSEHP Health Home Pilot Program</u></p> <p>- Participants may have access to additional preventive services and disease management supports; limited enrollment</p> <p><u>Benefits Bulletin Newsletter</u></p> <p>- Monthly newsletter may contain information about additional discounts or opportunities to engage in health challenges</p> | |