

TENNESSEE

Department of Finance & Administration (F&A) – Benefits Administration

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ⁵⁰⁵</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers an annual wellness visit - States that preventive services covered according to USPSTF guidelines, but obesity not explicitly mentioned <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Healthy diet counseling limited to 3 visits/year for conditions other than diabetes <p>Behavioral Therapy:</p> <ul style="list-style-type: none"> - IBT may be available through pre-surgical program or wellness program <p>Typically excludes coverage for non-surgical services for weight control or reduction (obesity), including prescription medication.</p> <ul style="list-style-type: none"> - Certain preferred anti-obesity medications and preventive screenings, counseling, treatment, and certain surgical services are not excluded 	<p><u>ParTNers for Health Wellness Program</u> ⁵⁰⁸</p> <p><i>Health risk assessment: YES</i></p> <p><i>Desired outcomes:</i></p> <ul style="list-style-type: none"> - Complete well-being/health assessment - Complete biometric screening - Participate in disease management program/coaching if appropriate <p><i>Reward(s):</i></p> <p>Premium reduction – \$50-100 / month</p> <p><i>NOTE: Effective Jan. 1, 2018, the “Partnership Promise” will end; members will NOT be required to complete wellness activities.</i></p> <p>INACTIVE 2018, pending litigation. ActiveHealth Management will administer beginning 2019.</p>	<div data-bbox="1533 292 1827 568" data-label="Image"> </div> <p>Adults with obesity: 34% ⁵⁰⁰ Adults with diabetes: 13% ⁵⁰¹</p> <p>State employees: 96,427 (72% FT) ⁵⁰² Premium payments: \$635 million ⁵⁰³</p> <p>State Plan: ⁵⁰⁴</p> <p><i>Partnership PPO (SOB)</i> <i>Standard PPO (SOB)</i> <i>CDHP/HSA (SOB)</i></p> <p>Resources & Contacts:</p> <p>Department of Finance & Administration Phone: 615-741-0320</p> <p>Benefits Administration Phone: 615-741-3590</p> <p>ParTNers for Health Phone: 888-741-3390</p>
<p><u>Pharmacotherapy</u> ⁵⁰⁶</p> <ul style="list-style-type: none"> - Formulary: Saxenda, Belviq /XR, Contrave - Coverage available for preferred anti-obesity medications; subject to prior authorization <p><u>Bariatric Surgery</u> ⁵⁰⁷</p> <p>Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required - Requires BMI ≥ 40 (35 w/ comorbidity or risk factors) for at least 1 year; duodenal switch/biliopancreatic bypass requires BMI ≥ 60 - Participation in integrated clinical program may be required by Benefits Administration 	<p>Other Wellness Benefits</p> <p><i>State Wellness Center</i></p> <ul style="list-style-type: none"> - ParTNers Health & Wellness Center provides onsite counseling/coaching services (615.741.1709) <p><i>Health & Stress Management</i></p> <ul style="list-style-type: none"> - State employees may use work time up to 10 hours/year to see an EAP provider (requires manager approval) 	