


WEST VIRGINIA

Public Employees Insurance Agency (PEIA)

| Clinical Weight Management | Employee Incentive Program | |
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| <p><u>Prevention, Assessment, & Intervention</u> Preventive Counseling:</p> <ul style="list-style-type: none"> - Obesity screening and counseling included only as part of annual wellness visit <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - 2 visits/yr covered only with comorbid condition (copay applies) unless enrolled in Weight Management Program, WMP (see Fee Schedule) <p>Behavioral Therapy: (<i>PPB only</i>)</p> <ul style="list-style-type: none"> - Adults with BMI ≥ 25 (or WC ≥ 35 inches for women, 40 inches for men) eligible for two-year facility-based weight management program (\$20/month copay applies) - Includes comprehensive services from RDs and exercise physiologists; requires PCP approval (call 1-866-688-7493 for details) <p>PEIA excludes coverage for health services and associated expenses intended primarily for the treatment of obesity and morbid obesity except those services provided through the WMP. [change in participation requirements in 2018]</p> <p><u>Pharmacotherapy</u> ⁵⁶²</p> <ul style="list-style-type: none"> - Plan does not cover anorexiant (any drug used for the purpose of weight loss) <p><u>Bariatric Surgery</u> ⁵⁶³ Coverage: YES</p> <ul style="list-style-type: none"> - Prior authorization required; subject to \$500 copay and 20% coinsurance - Must complete WMP or other program w/ documents 10% weight loss over 12 months; ineligible if pharmacotherapy is utilized to achieve weight loss | <p><u>Healthy Tomorrows</u> ⁵⁶⁴ <i>Health risk assessment: YES (required)</i> <i>Desired outcomes: [PPB plans only]</i></p> <ul style="list-style-type: none"> - Complete Go365 Health Assessment - Participate in various health activities to earn points in Go365 - Select a primary care provider - Complete biometric screening (form) <ul style="list-style-type: none"> o Blood pressure $\leq 140/90$ o Total cholesterol ≤ 245 o Glucose ≤ 125 o Waist circumference (inches) ≤ 40 (males), ≤ 35 (females)* <p><i>Reward(s):</i></p> <p>Cash / coupon – earn Bonus Bucks redeemable for prizes (various amounts)</p> <p>Annual deductible – \$500 added to annual deductible if all requirements not met</p> <p><i>*Beginning 2018, must meet health outcomes listed or premium increased; waist circumference does not affect premium or deductible, but must be documented.</i></p> |  <p>Adults with obesity: 36% ⁵⁵⁵ Adults with diabetes: 15% ⁵⁵⁶</p> <p>State employees: 48,831 (75% FT) ⁵⁵⁷ Premium payments: \$217 million ⁵⁵⁸</p> <p><u>Top state plan/s:</u></p> <p><i>PPB Plans (SOB)</i> ⁵⁵⁹ <i>Health Plan HMO (SOB)</i> ⁵⁶⁰ <i>Health Plan PPO (SOB)</i> ⁵⁶¹</p> <p>Resources & Contacts: Public Employees Insurance Agency Phone: 1-304-558-7850 PEIA Weight Management Program Phone: 304-293-4447 Department for Health & Human Services Phone: 304-558-0684</p> |
| | Other Wellness Benefits | |
| | <p><u>Weight Management Program</u></p> <ul style="list-style-type: none"> - see PEIA website for resources to help program staff members and service providers understand best practice guidelines for enrolling, managing, and interacting with participants in program participants (see also Resources for Participants) | |