


WYOMING

Department of Administration & Information – Human Resources Division

Clinical Weight Management	Employee Incentive Program	
<p><u>Prevention, Assessment, & Intervention</u> ⁵⁷⁹</p> <p>Preventive Counseling:</p> <ul style="list-style-type: none"> - Covers physical exams and preventive care services with A/B rating from USPSTF; obesity not explicitly mentioned <p>Nutritional Counseling:</p> <ul style="list-style-type: none"> - Not mentioned in plan certificate; may cover up to three (3) nutritional counseling visits as preventive service or when diet is a part of the medical management of a documented organic disease <p>Behavioral Therapy:</p> <p>Treatment of weight loss will not be considered treatment of an illness unless the covered person is morbidly obese, as determined by Cigna</p>	<p>No statewide wellness/incentive program</p> <ul style="list-style-type: none"> - Some state agencies have developed their own employee wellness initiatives 	 <p>Adults with obesity: 29% ⁵⁷⁴ Adults with diabetes: 8% ⁵⁷⁵</p> <p>State employees: 15,752 (77% FT) ⁵⁷⁶ Premium payments: \$92 million ⁵⁷⁷</p>
	<p>Other Wellness Benefits</p>	
<p><u>Pharmacotherapy</u></p> <ul style="list-style-type: none"> - Weight loss drugs (anti-obesity drugs) will be covered for members with morbid obesity subject to specific criteria - Prior authorization required; six (6) month maximum benefit per lifetime <p><u>Bariatric Surgery</u> ⁵⁸⁰</p> <p>Coverage: NOT DETERMINED</p> <ul style="list-style-type: none"> - Bariatric surgery is included in SBC, but not mentioned in plan documents. - Prior authorization required; see Cigna’s medical policy for coverage criteria 	<p><i>Healthy Rewards Discounts</i></p> <ul style="list-style-type: none"> - Cigna offers several weight management and nutrition discounts for members 	<p><u>Top state plan/s:</u></p> <p>WY State Employees’ Group Plan ⁵⁷⁸ PPO (SOB) HDHP (SOB)</p> <p><i>*underwritten by Cigna</i></p> <p>Resources & Contacts:</p> <p>Employees’ Group Insurance (EGI) Phone: 307-777-6835</p> <p>Division of Administration & Information Phone: 307-777-7188</p>