



### Minnesota Quick Facts

**MN Population:** 5,737,915  
**Medicaid coverage:** 23.4%

**Adults with obesity:** 33.6%  
**Adults with diabetes:** 10.2%

The data used in this snapshot were extracted from state Medicaid manuals, fee schedules, statutes, regulations, preferred drug lists, and managed care coverage. Included are specific limitations and restrictions that often pose barriers to the utilization of these benefits. Visit the [STOP Obesity Alliance website](#) to download a more [detailed description of the limitations and restrictions \(PDF\)](#), as well as our [project methodology \(PDF\)](#).



#### Nutrition Counseling

**Covered**



#### Intensive Behavioral Therapy

**Covered with limitations**

IBT services not specific for obesity.



#### Obesity Medication

**Covered with limitations and restrictions**

**Limitations/restrictions:**

- Medical necessity
- BMI
- Age
- Proof of failed attempts
- Time
- Renewal
- Renewal wt loss



#### Metabolic & Bariatric Surgery

**Covered with restrictions**

**Restrictions:**

- Rev/Corr post-op non-compliance

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### Minnesota Contacts & Resources



Medicaid office: 1-(800) 657-3672



[MN Medical Assistance Website](#)