



New Mexico Quick Facts

NM Population: **2,114,371**

Medicaid coverage: **39.3%**

Adults with obesity: **32.4%**

Adults with diabetes: **12.6%**

The data used in this snapshot were extracted from state Medicaid manuals, fee schedules, statutes, regulations, preferred drug lists, and managed care coverage. Included are specific limitations and restrictions that often pose barriers to the utilization of these benefits. Visit the [STOP Obesity Alliance website](#) to download a more [detailed description of the limitations and restrictions \(PDF\)](#), as well as our [project methodology \(PDF\)](#).



Nutrition Counseling

Covered



Intensive Behavioral Therapy

Covered



Obesity Medication

Not covered



Metabolic & Bariatric Surgery

Covered

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New Mexico Contacts & Resources

📞 Medicaid office: 1-(800) 283-4465

🌐 [New Mexico Medicaid Website](#)