



Virginia Quick Facts

VA Population: **8,715,698**
Medicaid coverage: **24.5%**

Adults with obesity: **35.2%**
Adults with diabetes: **12.8%**

The data used in this snapshot were extracted from state Medicaid manuals, fee schedules, statutes, regulations, preferred drug lists, and managed care coverage. Included are specific limitations and restrictions that often pose barriers to the utilization of these benefits. Visit the [STOP Obesity Alliance website](#) to download a more [detailed description of the limitations and restrictions \(PDF\)](#), as well as our [project methodology \(PDF\)](#).



Nutrition Counseling

Covered



Intensive Behavioral Therapy

Covered with limitations

IBT services not specific for obesity.



Obesity Medication

**Covered with limitations
and restrictions**

Limitations/restrictions:

- Medical necessity
- BMI
- Comorbidity regardless of BMI
- Age
- Proof of failed attempts
- Time
- Renewal
- Renewal wt loss



Metabolic & Bariatric Surgery

**Covered with limitations
and restrictions**

Limitations/restrictions:

- BMI
- Qualifying comorbidities
- Center of Excellence requirement
- Length of wt loss attempt
- Number of wt loss attempts
- Mental health evaluation
- Wt loss program required
- History of substance use disorder



Virginia Contacts & Resources

Medicaid office: 1-(855) 242-8282

[Virginia Medicaid Website](#)