



### Washington Quick Facts

**WA Population:** 7,812,880  
**Medicaid coverage:** 26.3%

**Adults with obesity:** 31.7%  
**Adults with diabetes:** 9.7%

The data used in this snapshot were extracted from state Medicaid manuals, fee schedules, statutes, regulations, preferred drug lists, and managed care coverage. Included are specific limitations and restrictions that often pose barriers to the utilization of these benefits. Visit the [STOP Obesity Alliance website](#) to download a more [detailed description of the limitations and restrictions \(PDF\)](#), as well as our [project methodology \(PDF\)](#).



#### Nutrition Counseling

**Covered**



#### Obesity Medication

**Not covered**



#### Intensive Behavioral Therapy

**Covered with limitations**

IBT services not specific for obesity.



#### Metabolic & Bariatric Surgery

**Covered with limitations and restrictions**

##### Limitations/restrictions:

- Comorbidity regardless of BMI
- Age
- Qualifying comorbidities
- Center of Excellence requirement
- Rev/Corr post-op non-compliance
- Documentation of wt loss attempt
- Length of wt loss attempt
- Recency of wt loss attempt
- Number of wt loss attempts
- Mental health evaluation
- Wt loss program required
- History of substance use disorder

