# FLORIDA
Department of Management Services – Division of State Group Insurance (DSGI)

## Clinical Weight Management

<table>
<thead>
<tr>
<th>Prevention, Assessment, &amp; Intervention</th>
<th>Employee Incentive Program</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Preventive Counseling:</strong> Covered according to USPSTF and AAFP recommendations for adults</td>
<td><strong>MyBenefits</strong> 120</td>
</tr>
<tr>
<td><strong>Nutritional Counseling:</strong></td>
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<tr>
<td>- PPO: Covered to treat prediabetes or diabetes; must be provided by RD</td>
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<tr>
<td>- HMO: Varies by plan; may offer coverage with referral to in-network provider (CHP) or discounted provider services</td>
<td>No statewide program; all plans required to offer access to HRAs and wellness programs</td>
</tr>
<tr>
<td><strong>Behavioral Therapy:</strong> DSGI generally excludes coverage for weight reduction services, including all services, supplies, and drugs related to obesity unless required in advance of medically-necessary surgery</td>
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<tr>
<td>- PPO: weight loss services limited to annual per-person maximum of $150</td>
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<tr>
<td>- HMO: FHCP offers Eat Right Move Right weight management class</td>
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</tbody>
</table>

## Pharmacotherapy 118

- Anti-obesity drugs and amphetamines and/or anorexiants for weight loss are not covered by the Prescription Drug Program

## Bariatric Surgery 119

- Coverage: PPO only |
- Prior authorization required; coverage not included for HMO plans

## Other Wellness Benefits

- **Discounted gym membership**  |
  - Offered by all plans; FHCP provides state employees free gym access for completing health assessment; Capital Health Plan reimburses up to $150 annually per household

- **Commercial weight-loss program**  |
  - Discounts offered by all plans; AvMed offers reimbursement for up to one year of Weight Watchers after reaching goal weight

- **Health coaching**  |
  - Available virtually or by phone consultation through all plan administrators

- **Florida Blue (Blue365®)**  |
  - Offers access to health and wellness deals exclusive to BCBS members

## Resources & Contacts:

- **Division of State Group Insurance**  |
  - Phone: 866-663-4735

- **FL Obesity Prevention Program**  |
  - Phone: 850-245-4321

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**Adults with obesity:** 27% 109  
**Adults with diabetes:** 11% 110  
**State employees:** 207,107 (77% FT) 111  
**Premium payments:** $1.39 billion 112  
**Top state plan/s (2017):** 113,114  
**PPO (Standard / HDHP)** 115  
  - BCBS Standard PPO (SOB)  
  - BCBS Health Investor PPO (SOB)  
**HMO (Standard / HDHP)** 116  
  - Capital Health Plan (SOB)  
  - Aetna (SOB)  
  - AvMed (SOB)  
  - Florida Health Care Plans (SOB)  
  - UnitedHealthcare (SOB)  

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**Prevention, Assessment, & Intervention** 117

**Pharmacotherapy** 118

**Bariatric Surgery** 119

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