## Clinical Weight Management

### Prevention, Assessment, & Intervention

Preventive Counseling:
- Plan covers one annual worksite screening per enrollee to include counseling on identified individual risk health risk factors

Nutritional Counseling: **None**
Behavioral Therapy: **None**

PEBA excludes coverage for weight loss treatments and conditions and complications as a result of such treatments.
- Weight management assistance is available through self-enrollment in **health coaching** from BlueCross (value-added benefit)

### Pharmacotherapy

- Prescription drugs used for weight loss are not covered

### Bariatric Surgery

Coverage: **NO**
- PEBA excludes coverage for all weight loss surgery, including but not limited to gastric bypass or stapling, intestinal bypass and related procedures, and the reversal of such procedures.

**NOTE:** PEBA believes the State Health Plan is a grandfathered health plan under the Patient Protection and Affordable Care Act (ACA) and does not provide preventive health services according to USPSTF guidelines.

## Employee Incentive Program

### PEBA Perks

**Health risk assessment:** N/A

**Desired outcome:** N/A

**Reward(s):** N/A

- Value-based services for stress management and information about weight management are offered at no cost to enrolled employees

## Other Wellness Benefits

### Fitness & Wellness Discounts

- Access to weight management information as value-based benefit through PEBA Perks
- Member discounts on fitness centers and commercial weight loss programs; available through Blue365

### Health coaching

- Free weight management assistance from health coach with Rally Health membership (call 855-838-5897, opt. 3)

## Resources & Contacts:

**Public Employee Benefit Authority**
Phone: 803-737-6800

**South Carolina Healthy Connections**
Phone: 888-289-0709

## Adults with obesity:
32%  

## Adults with diabetes:
12%

## State employees:
93,631 (77% FT)

## Premium payments:
$311 million

## Top state plan/s:
- **State Health Plan**
- **Standard PPO (SOB)**
- **Savings PPO (SOB)**

## State Health Plan is a grandfathered health plan under the Patient Protection and Affordable Care Act (ACA) and does not provide preventive health services according to USPSTF guidelines.