### Clinical Weight Management

**Prevention, Assessment, & Intervention**
- Plan covers one annual wellness exam per year for adults (18+); counseling for healthy diet, physical activity, and obesity are included in this visit

**Nutritional Counseling:** NOT DETERMINED
- Weight control interventions are non-covered unless approved by Health Management Partners (HMP)

**Pharmacotherapy**
- Prescription Formulary: Belviq, Belviq XR
- Preventive Formulary: see tiered list

**Behavioral Therapy:** NOT DETERMINED
- Coverage for weight control medications requires prior approval from DakotaCare

**Note:** Saxenda is specified as a non-covered product under the 2017 pharmacy benefit.

### Employee Incentive Program

**benefIT Well-Being Program**
- Health risk assessment: YES

**Desired outcomes:**
- Complete online Health Assessment
- Complete on-site Health Screening
- Earn at least 100 Wellness Points

**Reward(s):**
- Employees who complete all requirements by March 31st of current year are eligible to:
  - enroll in the Low Deductible Health Plan for the following plan year OR to
  - earn the maximum State HSA contribution ($500/member if enrolled in HDHP)

**Note:** Program is administered by StayWell.

### Other Wellness Benefits

- **EAP Webinars**
  - Employee Assistance Program hosts health-related webinars that can connect employees with local weight management supports

- **SDSEHP Health Home Pilot Program**
  - Participants may have access to additional preventive services and disease management supports; limited enrollment

- **Benefits Bulletin Newsletter**
  - Monthly newsletter may contain information about additional discounts or opportunities to engage in health challenges

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Adults with obesity: 30%
Adults with diabetes: 9%
State employees: 18,871 (67% FT)
Premium payments: $71 million

Top state plan/s: South Dakota State Employee Health Plan (SOB) Low Deductible PPO Plan (SOB) High Deductible Health Plan (SOB)

Resources & Contacts:
- **Bureau of Human Resources**
  - Phone: 605-773-3148
- **State Employee Benefits Program**
  - Phone: 877-573-7347 (opt. 2)
- **South Dakota Department of Health**
  - Phone: 605-773-3361