<table>
<thead>
<tr>
<th>Clinical Weight Management</th>
<th>Employee Incentive Program</th>
</tr>
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<tr>
<td><strong>Prevention, Assessment, &amp; Intervention</strong></td>
<td><strong>ParTNers for Health Wellness Program</strong></td>
</tr>
</tbody>
</table>
| Preventive Counseling:  
- Covers an annual wellness visit  
- States that preventive services covered according to USPSTF guidelines, but obesity not explicitly mentioned | Health risk assessment: **YES** |
| Nutritional Counseling:  
- Healthy diet counseling limited to 3 visits/year for conditions other than diabetes | Desired outcomes:  
- Complete well-being/health assessment  
- Complete **biometric screening**  
- Participate in disease management program/coaching if appropriate |
| Behavioral Therapy:  
- IBT may be available through pre-surgical program or wellness program | Reward(s):  
- Premium reduction – $50-100 / month  
**NOTE**: Effective Jan. 1, 2018, the “Partnership Promise” will end; **members will NOT be required** to complete wellness activities. |
| Typically excludes coverage for non-surgical services for weight control or reduction (obesity), including prescription medication.  
- Certain preferred anti-obesity medications and preventive screenings, counseling, treatment, and certain surgical services are not excluded | **INACTIVE 2018**, pending litigation.  
**ActiveHealth Management** will administer beginning 2019. |
| **Pharmacotherapy** | **Other Wellness Benefits** |
|  
- Formulary: Saxenda, Belviq /XR, Contrave  
- Coverage available for preferred anti-obesity medications; subject to prior authorization | **State Wellness Center**  
- ParTNers Health & Wellness Center provides onsite counseling/coaching services (615.741.1709) |
| **Bariatric Surgery** | **Health & Stress Management** |
| Coverage: **YES**  
- Prior authorization required  
- Requires BMI ≥ 40 (35 w/ comorbidity or risk factors) for at least 1 year; duodenal switch/biliopancreatic bypass requires BMI ≥ 60  
- Participation in integrated clinical program may be required by Benefits Administration |  
- State employees may use work time up to 10 hours/year to see an **EAP provider** (requires manager approval) |

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**Adults with obesity**: 34%  
**Adults with diabetes**: 13%

**State employees**: 96,427 (72% FT)  
**Premium payments**: $635 million

**State Plan**:  
**Partnership PPO (SOB)**  
**Standard PPO (SOB)**  
**CDHP/HSA (SOB)**

**Resources & Contacts**:  
**Department of Finance & Administration**  
Phone: 615-741-0320  
**Benefits Administration**  
Phone: 615-741-3590  
**ParTNers for Health**  
Phone: 888-741-3390