### Assessment & Counseling

*Obesity is not explicitly mentioned*

**COVERAGE** may include:

**Preventive Counseling**
- 99401 – 99402
  - AL Medicaid does not reimburse for adult preventive medicine services other than screening/counseling on diet and exercise provided during routine visit.
  - Only covers 1 preventative counseling service per year

**Behavioral Assessment/Intervention**
- None

**Nutritional Consultation & Therapy**
- None
  - Dietician services are excluded from coverage for adults (21+). Diet instruction performed by a physician is considered part of a routine visit.

**Note:** State plan suggests that additional health promotion services not include in fee schedule may be covered for members enrolled in health home

### Pharmacotherapy

**COVERAGE** may include:

**Xenical (Orlistat)**
- Prior authorization requires documentation of MD supervised exercise/diet regimen for $\geq$ 6 months.
- Documented weight loss required for prescription renewal.

**Note:** AL Medicaid excludes coverage of drugs used for anorexia, weight loss or weight gain, other than those specified by the Alabama Medicaid Agency (as above).

### Bariatric Surgery

**COVERAGE** may include:

- Gastric Bypass, Gastric Band, Sleeve Gastrectomy
  - Prior authorization is required.
  - Must be within 18 and 64 years of age.
  - Recipients under 18 who have one or more life-threatening comorbidities may be considered for authorization.

Recipient must meet additional medical criteria (not provided) or the surgery will be considered cosmetic and excluded from coverage.

### Resources & Contacts:

- **AL Medicaid Agency**
  Phone: 334-242-5000

- **AL Department of Public Health**
  Phone: 334-206-5300

- **AL Department of Rehabilitative Services (ADRS) State Office**
  Phone: 334-293-7500

**Adults with obesity:** 34% 
**Adults with diabetes:** 12% 
**19% of residents covered by Medicaid/CHIP**

- $5.3$ billion in total Medicaid spending (2015)
- 66% enrolled in primary-care case management
- 34% enrolled in fee-for-service

**Note:** State plan suggests that additional health promotion services not include in fee schedule may be covered for members enrolled in health home.