## Assessment & Counseling

**COVERAGE** may include:

### Preventive Counseling
99401
- Preventive counseling is covered for students as a Local Educational Agency Service; see LEA guide for lifetime and annual service limits.

### Behavioral Assessment/Intervention
G0447, G0473, 96150-96154
- Intensive behavioral therapy (G0447, G0473) is a Medi-Cal benefit for recipients with obesity (BMI ≥ 30) in accordance with USPSTF guidelines; TAR required for more than 22 units per 12 months.

### Nutritional Consultation & Therapy
97802-97804, S9470
- Nutritional therapy is limited to 3 hours for the first calendar year and 2 hours per calendar year in each subsequent year.

### Chronic care management services
(99490) are covered when establishing, implementing, revising, or monitoring the comprehensive care plan of a patient with 2+ life-threatening chronic conditions.

## Pharmacotherapy

**UNDETERMINED**

Medi-Cal does not explicitly include or exclude medications used to treat obesity.

Providers can contact the Pharmacy Benefits Division through the Provider Helpline at 916-636-1980 with questions.

**Note:** Several Medi-Cal MCOs include anti-obesity agents in their formularies and indicate that **pharmacotherapy coverage is available.**

## Bariatric Surgery

**COVERAGE** may include:

Gastric Bypass, Gastric Band, Sleeve Gastrectomy
- Treatment Authorization Request (TAR) is required.
- Recipient must have: a BMI ≥ 40 (or ≥ 35 with comorbidity), documented failure of weight loss on conservative treatment regimens, a comprehensive pre/post-operative treatment plan established, and no medical or psychiatric contraindications to the procedure.

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Adults with obesity: 25% ³
Adults with diabetes: 10% ³

26% of residents covered by Medicaid/CHIP

$85.4 billion in total Medicaid spending (2015)

85% enrolled in managed care

15% enrolled in fee-for-service ⁴

### Resources & Contacts:

**CA Department of Insurance**
Phone: 800-927-4357

**Medi-Cal**
Phone: 800-541-5555

**California Project LEAN**
Phone: 916-552-9907
**CALIFORNIA MEDICAID: MANAGED CARE PLANS**  
13 plans total | 10,465,007 enrollees

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Plans</th>
<th>Enrollees</th>
</tr>
</thead>
<tbody>
<tr>
<td>L.A. Care Health Plan</td>
<td>1,907,545 enrollees</td>
<td></td>
</tr>
<tr>
<td>Health Net Community Solutions</td>
<td>1,459,988 enrollees</td>
<td></td>
</tr>
<tr>
<td>Inland Empire Health Plan</td>
<td>1,210,958 enrollees</td>
<td></td>
</tr>
</tbody>
</table>

**L.A. Care Health Plan**

In addition to standard Medi-Cal services, the L.A. Care Health Plan covers:

**Assessment & Counseling**

24-hour Nurse Advice Line (1-800-249-3619) - Extensions in Member Handbook

Disease Management—Health In Motion™ program offers consultations with RDs or Certified Health Coaches (1-855-856-6943 / in-person)

**Pharmacotherapy**
Requires prior authorization. Covered only as medically necessary for morbid obesity.

- Adipex, Belviq, Contrave, Desoxyn, Qsymia

**Bariatric Surgery**
Prior authorization is required.

**Resources**
Provider Call Center: 1-866-522-2736
L.A. Care Medi-Cal Provider Manual
Adult Obesity Provider Toolkit

**Health Net Community Solutions**

In addition to standard Medi-Cal services, Health Net covers:

**Assessment & Counseling**

**Adult preventive health services**—see provider guidelines for men and women.

**Health education programs**:
- Fit Families for Life—Be in Charge!™
- Healthy Habits for Healthy People

**Pharmacotherapy**
Requires prior authorization. Coverage includes:

- Belviq, Contrave, Phentermine (Adipex-P, Lomaira, Suprenza), Qsymia, Regimex, Saxenda, Xenical

**Bariatric Surgery**
Providers must complete prior authorization requirements, including Provider Supervised Weight Loss Checklist.

**Resources**
Phone: 1-877-527-8409
Health Education Programs & Services
Prior Authorization Requirements

**Inland Empire Health Plan**

In addition to standard Medi-Cal services, Inland Empire Health covers:

**Pharmacotherapy**
Requires prior authorization. Coverage includes:

- Belviq, Bontril, Contrave, Didrex, Diethylpropion (Tenuate/Tenuate Dospan), Orlistat (Alli, Xenical), Phentermine (Adipex-P, Fastin, Suprenza), Qsymia, Saxenda

**Bariatric Surgery**
National Medical Policy contains coverage criteria.

**Resources**
Phone: 909-890-2054
Medi-Cal Provider Manual
Anti-Obesity Drug Class Monograph