**Assessment & Counseling**

**Preventive Counseling**
- Effective July 1, 2016, MDHHS implemented a primary care health home benefit called the MI Care Team for beneficiaries with comorbid physical and behavioral health conditions.
- Includes connection of beneficiary to nutritional counseling and obesity prevention/reduction.

**Behavioral Assessment/Intervention**
- MDHHS policy covers obesity treatment when done to control life-endangering complications such as hypertension and diabetes. This does not include treatment specifically for obesity or weight reduction/maintenance alone.
- Physician must request prior authorization documenting that conservative measures to control weight and manage complications have failed (include medical history, past and current treatments/results, etc.)

**Nutritional Consultation & Therapy**
- NOTE: MDHHS covers trauma-related services under the EPSDT benefit (noting that adverse childhood experiences are related to obesity in adulthood).

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**Pharmacotherapy**

**COVERAGE may include:**
- Xenical (orlistat)
  - Prior authorization is required.
  - Must document current medical status, current therapies/treatments, accurate BMI, and confirmation that there are no medical contraindications to medication
  - Must include details of previous weight loss attempts (at least two failed physician-supervised attempts are required)

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**Bariatric Surgery**

**COVERAGE may include:**
- Gastric Bypass, Gastric Band, Sleeve Gastrectomy
  - Prior authorization is required.
  - PA must include a psychiatric evaluation of the beneficiary’s willingness/ability to alter their lifestyle following surgical intervention.
  - If the request is approved, the provider receives an authorization letter for the service, including billing instructions.
  - A copy of the authorization letter must be attached to all claims submitted to MDCH for weight reduction services.

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**Resources & Contacts:**

**Department of Health & Human Services**
Phone: 517-373-3740

**Insurance & Financial Services (DIFS)**
Phone: 517-284-8800

**Primary Care & Public Health**
Phone: 800-292-2550

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**Additional Information:**

- Adults with obesity: **31%**
- Adults with diabetes: **9%**

- 19% of residents covered by Medicaid/CHIP
- $15.9 billion in total Medicaid spending (2015)
- 75% enrolled in managed care
- 25% enrolled in fee-for-service

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**NOTE:** MDHHS covers trauma-related services under the EPSDT benefit (noting that adverse childhood experiences are related to obesity in adulthood).