## Assessment & Counseling

### Coverage

**Preventive Counseling**
- 99401-99402\(^1\), 99385-99387, 99395-99397

**Behavioral Assessment/Intervention**
- 96150-96154*, 98960*, S0315-S0316
  - The treatment of obesity is noncovered unless the treatment is an integral and necessary part of a course of treatment for a concurrent or complicating medical condition.
  - Individuals with a BMI > 25 kg/m\(^2\) and another chronic condition may be eligible for MO Primary Care Health Home (PCHH) services.
  - Covers lifestyle interventions for obesity management, including nutritional counseling and physical activity promotion.
  - Health and behavior assessment/intervention (HBAI) services are covered only when the participant has a referral from a healthcare provider.
  - Must indicate that biopsychosocial factors are affecting treatment of an underlying physical illness or injury.
  - Additional eligibility criteria may apply.

### Nutritional Consultation & Therapy

- None

\(^1\) Requires prior authorization

\(^*\) Billable only when provided by a licensed social worker or clinical psychologist.

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## Pharmacotherapy

### Not Covered

- MO Medicaid typically excludes coverage of drugs used to promote weight loss.
- Xenical is on prior authorization list, but indicated only for treatment of dyslipidemia.

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## Bariatric Surgery

### Coverage

**Gastric Bypass, Gastric Band, Sleeve Gastrectomy**
- Prior authorization is required.
- Participant must have a BMI > 40 kg/m\(^2\) or a BMI > 35 with a comorbid condition (diabetes, hypertension, CVD, CKD).
- Participant must be a non-smoker/tobacco user or provide evidence of cessation.
- Primary diagnosis must be for a complicating medical condition; claims should reflect obesity as a secondary diagnosis.

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### Note

Refer to the Physician Manual (Section 8) to review MHD's prior authorization policy.

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## Resources & Contacts

**Missouri Department of Social Services**
- MO HealthNet Division
  - Phone: 573-751-3425

**Missouri Department of Insurance**
- Phone: 573-751-4126

**Department of Health & Senior Services**
- Phone: 573-751-6400

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### Coverage may include:

- Preventive Counseling
- Behavioral Assessment/Intervention
- Nutritional Consultation & Therapy

### Not Covered

- MO Medicaid typically excludes coverage of drugs used to promote weight loss.

Adults with obesity: 30% \(^3\)
Adults with diabetes: 10% \(^3\)

13% of residents covered by Medicaid/CHIP

$9.6 billion in total Medicaid spending (2015)

51% enrolled in managed care
49% enrolled in fee-for-service \(^4\)

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**Stop Obesity Alliance**
- THE GEORGE WASHINGTON UNIVERSITY
- STOP OBESITY ALLIANCE