### Assessment & Counseling

**COVERAGE** may include:

**Preventive Counseling**
- G0438-G0439, 99401-99404, 99385-99387, 99395-99397
  - The Alternative Benefit Plan (ABP)—for recipients aged 19-64 years at/below 100% FPL—includes coverage for preventive services, primary care visits, annual physical exams, lifestyle/behavior change counseling, chronic disease management, and nutritional evaluation/counseling for obesity.
  - These services may not be covered for standard Medicaid recipients (over age 20) but may be provided through an MCO.
  - ABP recipients may be subject to small co-pays (non-preventive services only) depending on income.

**Behavioral Assessment/Intervention**
- G0447, 96150-96151, 96153-96154
  - MCOs may choose to cover weight-loss programs as valued-added services, but these services are not covered under any NM Medicaid plan. (see also the Centennial Rewards program)

**Nutritional Consultation & Therapy**
- 97802-97804, G0270
  - *Service may be performed by a physician, dietician, or other qualifying practitioner.

### Pharmacotherapy

**NOT COVERED**

NM Medicaid excludes coverage of drugs used for weight loss/weight control.

### Bariatric Surgery

**COVERAGE** may include:

- Gastric Bypass, Gastric Band, Sleeve Gastrectomy
  - Prior authorization is required.
  - Bariatric surgery services are only covered when medically indicated and alternatives are not successful.
  - Limited to once per lifetime under ABP; no limitation for full Medicaid if medical necessity is met

---

**Data:**
- Adults with obesity: 28%[^3]
- Adults with diabetes: 10%[^3]

- 27% of residents covered by Medicaid/CHIP
- $4.9 billion in total Medicaid spending (2015)

- 88% enrolled in managed care
- 12% enrolled in fee-for-service[^4]

**Resources & Contacts:**

**NM Public Regulation Commission**
Phone: 800-947-4722

**Human Services Department**
Phone: 505-827-3100

**New Mexico Department of Health**
Phone: 505-827-2619
# NEW MEXICO MEDICAID: MANAGED CARE PLANS

4 plans total | 683,219 enrollees

<table>
<thead>
<tr>
<th>Plan Name</th>
<th>Enrollees</th>
<th>Phone</th>
<th>Provider Manual</th>
<th>Prior Authorization Guide</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blue Cross Blue Shield of NM</td>
<td>138,331</td>
<td>505-291-3585</td>
<td>Community Centennial Provider Manual</td>
<td>Child Obesity Provider Toolkit</td>
</tr>
</tbody>
</table>

## Value-Added Benefits
- Free access to evidence-based disease management and lifestyle change programs: *MyCD Program* and National Diabetes Prevention Program
- Extended full Medicaid benefits for women enrolled in maternity-only COE
- Up to 42 home-delivered meals/year after hospital discharge

## Pharmacotherapy
Possible coverage for OTC lipase inhibitor (orlistat/Alli) only; see [OTC formulary](#).

## Bariatric Surgery
Coverage criteria are outlined in the [Bariatric Surgery Medical Policy](#). Must complete a prior authorization request to obtain coverage.

## Resources
- Phone: 1-800-580-2811
- 2017 Provider Manual
- Medicaid Prior Authorization Guide

## Value-Added Benefits
- Wellness benefit covers up to 3 provider counseling visits; may include nutrition guidance, assistance w/ stress or life-changes, or employee assistance services.
- Adult physicals and related tests
- Extended full Medicaid benefits for women enrolled in maternity-only COE

## Pharmacotherapy
Possible coverage for OTC lipase inhibitor (orlistat/Alli) only; see [OTC formulary](#).

## Bariatric Surgery
Must complete a prior authorization request to obtain coverage. (Providers can also submit a voluntary predetermination request.)

## Resources
- Phone: 505-291-3585
- Community Centennial Provider Manual
- Child Obesity Provider Toolkit