


UTAH
Department of Health (DOH) 173, 174, 175

| Assessment & Counseling | Pharmacotherapy |  |
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| <p>COVERAGE may include:</p> <p>Preventive Counseling 99411, 99385, 99395, 99386-99387*, 99396-99397*</p> <p>Behavioral Assessment/Intervention[†] 96150-96155, S9449, 99078, S9446</p> <ul style="list-style-type: none"> - Living Well with Chronic Conditions Self-Management Program offers free, weekly 2.5-hour small-group workshops on appropriate exercise, good nutrition, and effective health communication. <p>Nutritional Consultation & Therapy[†] 97802-97803, G0270, S9470, S9452</p> <ul style="list-style-type: none"> - Nutritional counseling for malnutrition or obesity is covered for pregnant adults (14 visits) and EPSDT-eligible clients (unlimited). - Non-pregnant adults with a BMI > 30 and supportive documentation may receive up to 2 hours of nutritional counseling (1 initial, 1 subsequent); copayment required. <p><i>NOTE: UT Medicaid explicitly excludes coverage for some services related to treatment of obesity/weight control, including:</i></p> <ul style="list-style-type: none"> - education/nutritional/support programs - medications for appetite suppression (oral or injectable) <p>* Covered for Primary Care Network (PCN) only [†] Covered for Traditional Medicaid only (not PCN)</p> | <p>NOT COVERED</p> <p>UT Medicaid explicitly <u>excludes</u> coverage of drugs used for anorexia, weight loss, or weight gain.</p> | |
| | Bariatric Surgery | |
| | <p>COVERAGE may include:</p> <p>Gastric Bypass, Gastric Band, Sleeve Gastrectomy</p> <ul style="list-style-type: none"> - Prior authorization is required; specific procedure coverage varies by type of Medicaid (traditional vs. non-traditional). - Surgery for obesity will be considered when the patient meets specific criteria¹⁷⁶ outlined by the Utah Department of Health (BMI threshold, age, comorbidity, informed consent). - Requires psychiatric evaluation to assess the patient’s plan for daily exercise based on current physical abilities, awareness of eating triggers/coping mechanisms, knowledge of a healthy diet regimen and/or need for nutritional counseling, understanding of the effect tobacco/alcohol use on surgical outcome, and willingness to continue supervised behavior modification therapy for at least one year. | <p>Adults with obesity: 26%³ Adults with diabetes: 8%³</p> <p>12% of residents covered by Medicaid/CHIP \$2.2 billion in total Medicaid spending (2015)</p> <p>82% enrolled in managed care 18% enrolled in fee-for-service⁴</p> <p>Resources & Contacts:</p> <p>Utah Insurance Department Phone: 801-538-3800</p> <p>Utah Medicaid Program Phone: 800-662-9651</p> <p>Utah Department of Health Phone: 801-538-6003</p> |