## UTAH
Department of Health (DOH) 173, 174, 175

### Assessment & Counseling

**Coverage** may include:

- **Preventive Counseling**
  99411, 99385, 99395, 99386-99387*, 99396-99397*  

- **Behavioral Assessment/Intervention**
  96150-96155, S9449, 99078, S9446  
  - Living Well with Chronic Conditions Self-Management Program offers free, weekly 2.5-hour small-group workshops on appropriate exercise, good nutrition, and effective health communication.  

- **Nutritional Consultation & Therapy**
  97802-97803, G0270, S9470, S9452  
  - Nutritional counseling for malnutrition or obesity is covered for pregnant adults (14 visits) and EPSDT-eligible clients (unlimited).  
  - Non-pregnant adults with a BMI > 30 and supportive documentation may receive up to 2 hours of nutritional counseling (1 initial, 1 subsequent); copayment required.  

**Note:** UT Medicaid explicitly excludes coverage for some services related to treatment of obesity/weight control, including:
- Education/nutritional/support programs  
- Medications for appetite suppression (oral or injectable)

* Covered for Primary Care Network (PCN) only  
† Covered for Traditional Medicaid only (not PCN)

### Pharmacotherapy

**Not Covered**

UT Medicaid explicitly excludes coverage of drugs used for anorexia, weight loss, or weight gain.

### Bariatric Surgery

**Coverage** may include:

- Gastric Bypass, Gastric Band, Sleeve Gastrectomy  
  - Prior authorization is required; specific procedure coverage varies by type of Medicaid (traditional vs. non-traditional).  
  - Surgery for obesity will be considered when the patient meets specific criteria outlined by the Utah Department of Health (BMI threshold, age, comorbidity, informed consent).  
  - Requires psychiatric evaluation to assess the patient’s plan for daily exercise based on current physical abilities, awareness of eating triggers/cop ing mechanisms, knowledge of a healthy diet regimen and/or need for nutritional counseling, understanding of the effect tobacco/alcohol use on surgical outcome, and willingness to continue supervised behavior modification therapy for at least one year.

### Resources & Contacts:

- **Utah Insurance Department**
  Phone: 801-538-3800  

- **Utah Medicaid Program**
  Phone: 800-662-9651  

- **Utah Department of Health**
  Phone: 801-538-6003

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**Coverage** includes:

- Preventive Counseling: 26%  
- Behavioral Assessment/Intervention: 8%  
- Nutritional Consultation & Therapy: 12% of residents covered by Medicaid/CHIP  
- Enrolled in Managed Care: 82%  
- Enrolled in Fee-For-Service: 18%

**Medicaid Spending**:

- $2.2 billion in total Medicaid spending (2015)

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